

1975 - 2025

fifty years



BOHC.CA

As Burlington grew, so did BOHC!

fifty years  
in the making!



Eight team league formed,  
logo designed by Bill Dalglish.

1975

Three divisions of four teams  
were formed.

1978

Now 24 teams across  
four divisions.

1986

1977

Ice time became available locally;  
the Club expanded by two teams.

1980-83

The league added six more teams.

1990-92

Growth continued...  
26 then 32 teams.



BOHC branding/logo  
updated.

1995

Summer Hockey starts...  
adding 12 teams.

2004

Added daytime division,  
starting with 8 teams.

2024

50  
YEARS

1999

A major expansion brought  
the total to 42 teams.

2010

With the expansion of Appleby Arena,  
the league reached 48 teams in  
eight divisions - its current structure.



2025

BOHC branding/logo updated.  
50 YEARS of Oldtimer Hockey!



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# Safety First

## Recognize the signs



## Emergency Response Training this October

*Learn how to respond confidently in a cardiac emergency.* This October, join us for a series of 1-hour, in-person demonstrations led by Halton Paramedics in partnership with the Heart & Stroke Foundation of Canada. These practical sessions will teach you vital life-saving skills — because knowing what to do in those critical moments could help save a teammate's life.



**LOOK for the address on the rink boards near the scorekeeper box.**

**APPLEBY Arena** 1201 Appleby Line, Burlington, ON L7L 5H9  
**MAINWAY Arena** 4015 Mainway, Burlington, ON L7P 3N9  
**CENTRAL Arena** 519 Drury Lane, Burlington, ON L7R 2X3  
**SKYWAY Arena** 129 Kenwood Ave, Burlington, ON L7L 4L7

**STEPS**

- 1** Call 9-1-1
- 2** Alert arena staff. Locate the AED device from the arena lobby.
- 3** 9-1-1 will ask for the arena address. All Burlington arenas have the address on the rink boards (near the scorekeeper box).
- 4** Paramedics will ask for a Health Card number, emergency contact name and phone number.

# President's Welcome

As we enter the 2025–26 season, I'm filled with pride reflecting on what the **Burlington Oldtimers Hockey Club (BOHC)** has grown into over the past 50 years. Since our founding in 1975, this club has become more than just a hockey league—it's a community built on camaraderie, fairness, and the love of the game. Whether you're lacing up your skates or supporting from the sidelines, BOHC is a place where friendships are made and memories last well beyond the final whistle.

This winter marks our 50th Anniversary, and we're celebrating it in style with a number of special events, including a Gala Dinner and Christmas Party. We'll also see all our teams debut as one of six Canadian NHL teams with brand-new jerseys, a nod to our legacy and a fresh look for a historic season. On a personal note, this will be my final term as President, and I want to thank you all for the trust and support you've shown me during my time on the Board.

I would like to thank all the dedicated volunteers who invested their time and effort into making our club successful. All our volunteers do a lot of work, and it is incredible to see them do what is necessary to make this such a great club.

We also say farewell and extend our heartfelt thanks to Rob Rabey, Mark Buchanan, and Peter Greig, who have stepped down from the Board after years of dedicated service.

We welcome Derek Lutz and Paddy Rea as they step into leadership roles and help guide the club forward. In addition, a special thank you goes out to Rick Fox for his many years as Invitational Chair—your contributions have been tremendous. John Andersen will take on that role, and we're confident he'll carry on the great work.

One of the things that truly sets the BOHC apart is our clubhouse—Hector's. It serves as the heart of our organization, a place where friendships grow just as much off the ice as they do on it. I encourage all of you to take full advantage of what Hector's has to offer.

As a reminder, the City of Burlington maintains strict regulations around alcohol on City property. To avoid any issues, let's respect those rules and make our way back to Hector's after games. It's our space, it's part of the BOHC tradition—and it's where the stories get better with every retelling.

*Here's to a milestone season—on the ice and off.  
Let's make it one to remember.*

**Peter Jakob**  
President, Burlington Oldtimers Hockey Club





# Where it all began

The birth of Canada's largest Oldtimers Hockey Club.

It started as an idea in 1975 and it grew into one of Canada's largest Oldtimers hockey clubs. The Burlington Oldtimers Hockey Club began when Russ Dean rallied all Oldtimers to play a National Tournament in Peterborough. Dean and Jerry Large, coached the first tournament and took the lead in forming a local league in Burlington. Along side them, Guy Ouellette, Gerry Park, and Jim Verral were key in establishing what became the eight-team league now known as BOHC.

Beyond the game, there was a strong sense of community. "I really believe that," said Ouellette. "You can give something back. It's more than just hockey. Hockey was the excuse—but it's about fraternity, friendships, and building a strong community."

Dedicated volunteers like Jim Verral, Bart Grainger, and Ron and Barbara Harker went above and beyond. At the league's first meeting on January 29, 1975, fifteen directors were named. The inaugural registration brought in 128 players, with 20 more on a waiting list. The fee was \$50 for 24 games, and referees volunteered their time.

Ice time was hard to come by. The City of Burlington wouldn't allocate any, so the first two seasons were played in Hamilton. The league launched with eight teams in two divisions.

In a letter dated April 23, 1975, Ouellette wrote: *"The Burlington Oldtimers Hockey Club is the start of something real big in our community..."*

## Creating a Club Identity

The logo, the charter, and the spirit of the game.

### Original Logo Design

There was a league with players and teams. There was a charter, a board of directors and soon their own logo. Bill Dagleish, developed the logo. Bill had a lot of grey hair and he actually skated like that," said Gerry Park. "It was almost like he took a picture of himself and drew it."

LOGO RE-DESIGN  
2017

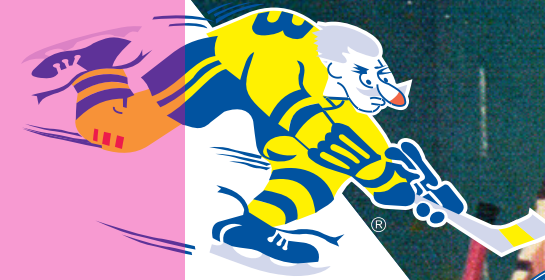
Created by  
Domenic Cecol



## Re-Design

### BOHC Re-Branding 2025

This season we initiated a re-branding effort led by Paul Greenlee and David Zavitz. We set out to involve the member-ship and created a logo design contest. We supplied everyone with our objectives and then asked everyone to send us a logo design. Out of 65 entries, we narrowed it down to three finalists and then asked everyone to vote on their favourite. **The winner was a design submitted by Kevin O'Rourke** and he worked with us to clean it up to our new 2025-26 logo design.



## Original

ORIGINAL LOGO DESIGN

1975

Created by Bill Dagleish

## New!

LOGO RE-DESIGN

2025

Created by  
Kevin O'Rourke



Logo designer, Kevin O'Rourke with Paul Greenlee (left) and David Zavitz (right)



A sample of the **NEW** Jerseys for 2025-26 Season!

**"The Burlington Oldtimers Hockey Club is the start of something REAL BIG in our community..."**



# A blast from the past!

Incredible times!  
So much fun!  
Amazing memories!



Burlington Sports Hall of Fame was presented to the Burlington Oldtimers Hockey Club (BOHC), a remarkable organization whose contributions to the community, are truly worthy of recognition. Guided by the principles of Balanced Play, Meeting New Friends, Responsible Direction, and Community Involvement, the BOHC has had a lasting impact on Burlington through fundraising, charitable donations, and sponsorships.



## Oldest Active Full-time Player – Stew Cockshutt's Guinness Record Quest

In 2015, BOHC (Peter Austin) asked Guinness World Records to name Stew Cockshutt, a longtime member of the club, the oldest active hockey player in the world at 86. The application was accepted, and the media descended on Appleby Ice Centre on to cover Cockshutt's Gold Division game and to interview Stew. CBC's Reg Sherren was on hand to tape a segment about Cockshutt for Rogers Home Town Hockey, a Sunday night show hosted by Ron MacLean





# Welcome to Burlington Oldtimers Hockey

## Mission Statement

To preserve and further the enjoyment of participation, camaraderie and sportsmanship of its members and to contribute to the community of Burlington.

The operating procedures and rules of play of the Burlington Oldtimers Hockey Club are in place to ensure that everyone enjoys Oldtimer Hockey. The following are a few rules and regulations to keep in mind over the course of the season:

### Player Movement

Convenors may move players from a team or division at any time, if they feel it is in the best interest of the league. Movement is to keep the league competitive, fun and fair. We ask for your complete cooperation.

### Absent

A player who cannot make a game is expected to advise his captain well in advance to enable a substitute/replacement player to be found. Players who miss four (4) consecutive games without notice or are habitually absent, may be removed from his team and placed in the player pool. A player from the pool will be moved onto the team in his place.

Pool players who habitually refuse to play may be relegated to a non-active playing status for the remainder of the season.

### Penalties

Both the number and the severity of penalties an individual player receives will be monitored and further disciplinary action may be warranted.

### Alcohol

The consumption of alcohol in all arenas is strictly prohibited. Anyone reported to be violating this policy will automatically be subject to a discipline hearing with further consequences to follow (see rules section [www.bohc.ca](http://www.bohc.ca)).

### Profanity

Players are representing the BOHC to the community each time they step in an arena. Foul and profane language will not be tolerated. On the ice, on the bench or in the penalty box, penalties can and will be assessed.

### Fun

Winning should be secondary. The purpose of Oldtimers hockey is to provide recreation and enjoyment for it's members and as such, each coach/captain should provide equal ice time for all members of a team.

### Get Involved

Volunteering or helping out with events is always appreciated and can be an enjoyable part of Oldtimers Hockey. New faces and new ideas are what keeps our organization healthy and viable.

## BOHC General Information

1. There are (8) divisions of (6) teams each. Each team consists of 16 players:

1 Red Division	2 Orange Division	3 White Division	4 Black Division
5 Green Division	6 Blue Division	7 Grey Division	8 Gold Division

2. Each division has a convenor, co-convenor(s), pool convenor, a pool of skaters and goalies.

3. Pool players are scheduled by the pool convenor to play one game. If an extra game is required due to a player shortage, the pool player may play a second game at the discretion of the pool or division convenor. If they are not available, the captain requesting the pool player must consult with the opposing captain. A pool player, asked to play more than one game will not pay more than \$20. Pool players soliciting games on their own are strictly prohibited in all circumstances.

## Refund Policy

1. Before any refund for full time players can be considered, written notice must be issued by the divisional convenor and sent to the VP Membership for approval.

2. Refunds after May Registration will be less a \$60 Administration Fee. Members requesting full refunds before play begins remain Social Members for the balance of that season so \$25 is also withheld.

3. Once play begins, players requesting to drop back from fulltime play are refunded into their divisional playing pool for the balance of that season. After 16 games, subsequent to receiving a refund, if a player is able to return to play, that player will return to a team from the pool by divisional pool seniority when an opening occurs.

4. The amount of the player refund will be prorated, determined by the number of games remaining in the season and the amount to be collected from the player replacing the individual who is injured or ill. The player's sweater and socks must be turned in prior to the refund being processed.

5. Player refund amounts are based on when the replacement player is named and his payment is on hand.



Left to right: Bryan and Melissa Uba (Leafs ticket prize contributors), BOWSER Ladies – Tangy Rattray, Christine Mazurk-Fera, Johanne Patterson, Anne McGraw, Erin Kofoed, and Barbara Strzalkowski. Missing from photo: Louise Addison, Pat Broadbent.

During the 2024/25 season, the **BOWSER Ladies** collected **2,245** food items and **\$18,380** in cash donations.

BOHC contributions Include: Gord Mathieson memoriam (\$65), Red division Wings (\$290), Summer team Redmond (\$640), BOHC misc. (\$1,400), 2025 Christmas dance (\$9,000), and Food Bank anonymous (\$2,000).

Lifetime Totals: **105,493** food items and **\$410,247** cash donations



Barb Charron, Michelle Wood



Louise Addison, Carolyn Park  
Barb Charron, Michelle Wood, Pat Broadbent

# Executives

**President\***



**Peter Jakob**  
president@bohc.ca

**Past President**



**Jeff Davis**  
past.president@bohc.ca

**VP Administration**



**David Zavitz**  
vp.administration@bohc.ca

**VP Hockey**



**Paul Greenlee**  
vp.hockey@bohc.ca

**VP Membership**



**Derek Lutz**  
vp.membership@bohc.ca

**VP of IT**



**Richard Zabransky**  
director.it@bohc.ca

**Director of Marketing**



**Scot Cameron**  
director.marketing@bohc.ca

**Director of Hockey Operations**



**Paddy Rea**  
director.hockey@bohc.ca

**Director of Hockey Operations**



**Rob Allan**  
director.hockey2@bohc.ca

**Treasurer\***



**Richard Krummenacher**  
treasurer@bohc.ca

**Referee in Chief**



**Mike Veerman**  
referee.in.chief@bohc.ca

**Secretary\***




**Kevin Kofoed**  
secretary@bohc.ca

\*Officer

# Chair Contact

<b>BOOKLET CHAIR</b> Don MacRae	booklet.chair@bohc.ca
<b>BOWSER CHAIR</b> Johanne Patterson	hockeyfamily555@gmail.com
<b>DISCIPLINE CHAIR</b> Warren Osborne	discipline.chair@bohc.ca
<b>INVITATIONAL CHAIR</b> John Andersen	invitational.tournament@bohc.ca
<b>HERITAGE COMMITTEE CHAIR</b> Bruce Marsh	heritage@bohc.ca
<b>NOMINATING COMMITTEE</b> Jeff Davis	past.president@bohc.ca
<b>ROUND ROBIN CHAIR</b> Gunther Kaschuba	guntherk@cogeco.ca
<b>SCHEDULING CHAIR</b> Jordan Dankowich	scheduling.chair@bohc.ca
<b>CHRISTMAS DANCE</b> Colin Ashdown	social@bohc.ca
<b>SUMMER HOCKEY CHAIR</b> Jordan Dankowich	summer@bohc.ca
<b>DAYTIME HOCKEY CHAIR</b> Brian Miki	daytime@bohc.ca
<b>TIMEKEEPERS</b> Mike Sebok	timekeeper@bohc.ca
<b>WEBSITE COORDINATOR</b> Scot Cameron	scot@co2digital.com

# Past Presidents



**Peter Jakob**  
2023-2025



**Jeff Davis**  
2020-2023



**Wendall Ahearn**  
2017-2020



**Bruce Marsh**  
2014-2017




**Rob Field**  
2011-2014




**Gary Marshall**  
2007-2011




**Frank McKeown**  
2004-2007



**Keith MacDonald**  
2003-2004



**Dave Bedini**  
2002-2003




**Rick Mitchell**  
1999-2002



**Bob Wood**  
1995-1998



**Dan Regimbal**  
1992-1995



**Keith Dunlop**  
1987-1992




**Jim Matz**  
1984-1987



**Earl Blayney**  
1981-1984



**Doug Allan**  
1979-1981



**Gerry Park**  
1975-1979



**Guy Ouellette**  
1975





# Referees

## Thank you Refs

Welcome back to the **50th season of BOHC Hockey** and congratulations to the Club for the extended time that it has provided to adult recreational hockey. Hopefully, another 50 is in the future. Remember that it is about having fun, getting out of the house for some exercise and a night out with the boys. Good luck, enjoy.

I would like to emphasize the nature of the Club: *safety, community spirit, the enjoyment of hockey* and all the social aspects that go with it. It is the Canadian tradition and see you on the ice or at the club! As a quick reminder again that the objective is for a safe and fun season of hockey for everyone and that's why we're here. Any issues please use your captain who will forward it to convenors and then to the VP Hockey. We will investigate anything brought to our attention.

*Mike Veerman*  
Referee In Chief

### ACTIVE REFEREES

Gary Aucoin

Joe Bedard

Greg Beitz

Brian Bishop

Kerry Blakey

Stewart Cawthray

Mark Chabot

Bruce Chapman

Steve Crocker

Bob Difrancesco

Derrick Donati

Duane Gray

Adam Harrison

Marc Heller

Chris Johanis

Rick Jones

Kevin Lawrence

Derrick Leeson

Jay Lemay

David Lenover

Jim Leonard

David Levely

Bill Misener

John Ophoven

Gerry O'shaughnessy

Chris Over

Doug Pladsen

Bob Pring

Dave Ryan

Kevin Smith (A)

Jim Snedden

Dennis Spotswood

Garry Stewart

James Taylor

Bryan Uba

Ron Vauthier

Mike Veerman

Steve Walsh

Arnie Ward

Andrew Weller

BOHC referees do more than call the game — they're fair, respectful, and generous with their time. On and off the ice, they're friends and a big part of what makes our league special.

### REFEREE ASSOCIATION

**Executive Referee in Chief**  
Mike Veerman

**Assistant Referee in Chief**  
Peter Woodhouse

**Rules Committee**  
Bob Pring

**Secretary**  
Frank Belanger

**Discipline Committee**  
Jim Boyd



# Our BOHC Heritage

The Burlington Oldtimers Hockey Club (BOHC) has a proud tradition of volunteerism and community involvement. Like many great organizations, its success has been built by dedicated individuals who have gone above and beyond in service to the club and its members.

Each year, more than 150 volunteers contribute their time and energy to help run the club. These include team captains and assistants, divisional convenors, committee heads and members for both on-ice and off-ice activities, and the Board of Directors.

## BOHC HOCKEY HALL OF FAME MEMBERS

The BOHC Hall of Fame recognizes individuals and volunteers whose long-term efforts have left a lasting impact on the club. This recognition was created to ensure that the people who helped shape BOHC's legacy are remembered and celebrated.



### OUR HALL OF FAMERS!

John Andersen	<b>BOWSER Babes</b>	<i>Johanne Patterson</i>	Joan Brandreth	Bill Goowin	Dave Langdon	Gerry Park
Ed Ashley-Smith	<i>Louise Addison</i>	<i>Carolyn Park</i>	Charles Charlebois	Al Hale	André Leclerc	Jerry Robson
Peter Austin	<i>Patricia Broadbent</i>	<i>Michelle Wood</i>	Keith Dunlop	John Hastings	Bruce Marsh	Bob Wood
Pearl Baskin	<i>Barb Charron</i>		Rick Fox	Lynn Hastings	Jim Matz	



Everyone brings their own perspective with the goal to make BOHC a better place for us all. To all the pillars of our Club that give their time - Great job and Thank You!

# Built by Volunteers



# Treasurer's Report

for the year ended April 30, 2025

*To the Members of the Burlington Oldtimers Hockey Club*

- Cash balance of at the end of the year is \$689,693 of which \$561,772 are from fees collected in March and April for the 2025 - 2026 season. The difference of \$128,000 in cash makes up most of our reserve funds, which is reflected in our Club's Net Assets of \$165,387.
- Of the \$689,693 in cash \$300,000 has been placed into GIC's earning interest. Just after the year end, we transferred an additional \$200,000 into GIC's as most of these funds are not required until later summer and early fall when winter hockey begins, and we begin paying for ice.
- At the year-end, our prepaid expenses include advancing monies in preparation of the 50th anniversary of \$7,650 and we have advanced (a down payment) \$48,366 for new sweaters and socks for winter hockey. These new sweaters will include our new BOHC logo.
- The club is holding cash in the amount of \$15,000 that will be donated to the Carpenter Hospice and the Food Bank. These monies were raised during the tournament and other activities including divisional BBQ's and awards night, 50/50 draws and personal contributions.

*Income Statement for the period May 1, 2024, to April 30, 2025.*

*We separate the club activities into separate groupings to help your board better manage the club and to provide a clearer picture to members when they review the financial statements. These groupings include hockey operations (winter, summer and daytime), invitational tournament, lounge activities, social activities and administrative functions.*

- Winter hockey generated revenues of \$537,743 (2024 - \$540,569). We held pricing last year and the decrease in revenue is the result of lower pool player fees received \$25,469 (2024 - \$26,750). Pool players are an integral part of our organization and help maintain the fees for the full-time skates. The pool players contribute financially to the club, which helps cover our overall costs. This year winter hockey generated a surplus of \$45,456 (2024 - \$67,271) which is lower than last year by \$21,815. We had planned that winter hockey would have generated \$57,130, but with the slightly lower revenues and higher than expected ice cost, we fell short.
- Summer hockey generated revenues of \$66,397 (2024 - \$62,041) of which \$6,672 comes from pool player fees. This year summer hockey generated a surplus of \$13,791 (2024 - \$13,289) which is used to pay for other administrative expenses. Summer hockey came in on budget.
- Daytime hockey's inaugural year was a huge success, both in terms of member satisfaction and financial contributions to the club. Revenues were \$27,392 with a contribution of \$9,990 to overhead. This higher-than-expected contribution is basically the result of being able to use some of the clubs' other resources such as sweaters from summer hockey and higher than expected pool player fees. A big thank you to the day-time hockey guys for putting up their hands and doing the work to get this much needed and wanted program off the ground.
- The invitational tournament generated revenues of \$85,023 (2024 - \$80,885). This year we changed the financial model of the tournament. In the past, instead of budgeting \$5,000 to the Carpenter Hospice with the balance coming to the club as a contribution to the club, we suggested that the club requires a contribution of \$12,000 and the balance goes to the Carpenter Hospice. This change was made to provide an incentive for the tournament committee to see if they could increase the donations the club makes, and they succeeded. This year the tournament is contributing \$9,400 to the Carpenter Hospice. A big shout out to the tournament committee for their hard work and ongoing commitment to the club and the Carpenter Hospice.

**“ To the volunteers who do put up their hand to help the Club, I say thank you! ”**

- The lounge generated revenues of \$95,241 (2024 - \$99,209). Along with additional costs for Repair and Maintenance this year, the lounge ran a deficit of \$13,140 (2024 - \$4,117). I believe the lounge is an integral part of our club and defines us from other hockey organizations. The goal for our lounge is to break even and to do this, members need to enjoy and use the club. If they choose not to enjoy the club, the short fall is going to be covered or included in our membership fees, and they may increase if they choose not to support the club after their games.
  - Administration is our catchall for all things not related to hockey, lounge or tournaments. Things like booklet and web advertising revenues off-set by rent, Credit card fees, and general office expenses. All the thing you need to run an operation like the BOHC. This year our costs exceed revenues by \$44,572 (2024 - \$61,097) and these costs are covered by the contribution from hockey and the tournament. The reduced admin fees this year is a result of a COVID event from 2021, which we were aware of, but need to ensure we could benefit from. We took advantage of the windfall this year.
  - Our social activities include BOWSER, the Christmas party, and the 80+ event. Monies raised from BOWSER and the Christmas party go to the Food Bank and this year's financial contribution was \$40,636. To all that are involved organizing, thank you and to all that contribute financially or with a donation of food this is the true spirit of our club and the commitment we have to our community. Thank you.
- With all the activities the club is involved with we work with the idea of breaking even each year. This year on revenues of \$921,000 we had a small surplus of \$15,453. This results in an overall surplus the club currently has of \$165,387. To help keep our fees the most competitive in the market we encourage you to volunteer some of your time, use our club house/lounge and support our advertisers so they continue to support the club. To the volunteers who do put up their hand to help the club, I say "thank you".*

*If you would like to receive a copy of our reviewed financial statements, please email [treasurer@bohc.ca](mailto:treasurer@bohc.ca)*

*Richard Kruppenacher, BOHC Treasurer*



3-346 MILLWAY AVENUE  
VAUGHAN, ONTARIO  
416.635.1452  
[ryrsports.com](http://ryrsports.com)



**HELPING BUILD CHAMPIONS**



## THE BURLINGTON OLDTIMERS HOCKEY CLUB

**IS EXCITED TO ANNOUNCE  
OUR NEW PARTNERSHIP WITH RYR SPORTS**

- APPAREL & HEADWEAR
- TEAM UNIFORMS
- HOCKEY PANTS & SHELLS
- HOCKEY BAGS & TRAVEL BAGS

**[burlingtonoldtimershockeyclub.itemorder.com](http://burlingtonoldtimershockeyclub.itemorder.com) >>**



# 2024 Champions 2025



Red Division



Orange Division



White Division



Black Division



Green Division



Blue Division



Grey Division



Gold Division



RBC Dominion Securities Inc.

## Congratulations to the BOHC 2024/25 season championship teams.

### Kuno Family Wealth of RBC Dominion Securities

Paul Kuno, FCSI, CIWM | Senior Portfolio Manager & Wealth Advisor | 905-332-2585 | paul.kuno@rbc.com

Justin Trigiani, CIM | Associate Investment Advisor | 905-332-2588 | justin.trigiani@rbc.com

Nadine Lourenco | Administrative Assistant | 905-332-2584 | nadine.lourenco@rbc.com



Wealth Management  
Dominion Securities

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## BOHC Events Calendar

OCT  
20-24

**80+ Hockey Hall of Fame  
International Tournament**  
Appleby Arena | Contact: Peter Austin

SATURDAY  
OCT  
25

**80+ Hockey Hall of Fame  
Induction Bert Lavigne**  
Ottawa | Contact: Peter Austin

SATURDAY  
NOV  
29

**Christmas Dance**  
Burlington Legion  
Contact: Colin Ashdown

SUNDAY  
DEC  
7

**Santa Claus Parade**  
Burlington  
Contact: Gunther Kaschuba

FEB  
18-22

**Invitational  
Hockey Tournament**  
Mainway Arena | Contact: John Andersen

MONDAY  
FEB  
23

**Summer 2026  
Hockey Registration Begins**  
Online | Contact: Jordan Dankowich

TUESDAY  
Mar  
24

**Summer Hockey  
Registration Deadline**  
Online | Contact: Jordan Dankowich

Apr  
2026

**2025-26 Round Robin Begins**  
Contact: Gunther Kaschuba

FRIDAY  
APR  
10

**Winter 2026-27  
Hockey Registration Begins**  
Online | Contact: Derek Lutz

SUNDAY  
APR  
12

**BOHC Championship Day**  
Mainway Arena | Contact: Gunther Kaschuba

FRIDAY  
MAY  
1

**2026-27 Winter  
Registration Deadline**  
Online/Hector's | Contact: Derek Lutz

SATURDAY  
MAY  
2

**50th Gala  
Formal Dinner & Dance**  
Royal Botanical Gardens | Charles Charlebois

WEDNESDAY  
JUN  
3

**Annual General Meeting  
2025-2026**  
Hector's | Contact: Peter Jakob



Carpenter Hospice

## Making Moments Matter

We are home in the heart of Burlington that offers both residential-based care to people in the last stages of their lives, and community-based programs for people dealing with grief or a life-limiting illness.

Our mission is to allow individuals and their family to spend their final days together in a way that is peaceful, comfortable, and unique.

To learn more about us and our services, or if you are interested in helping us continue our mission, visit:

[www.thecarpenterhospice.com](http://www.thecarpenterhospice.com)

or call us at:

905 - 631 - 9994



# Team Captains

<b>Red Divison</b> <ul style="list-style-type: none"> <li>01 Troy Pocaluyko</li> <li>02 Marc Brennan</li> <li>03 Chris Falco</li> <li>04 Mike Moes</li> <li>05 Mark Goulet</li> <li>06 Jamie Lawrence</li> </ul>	<b>Orange Divison</b> <ul style="list-style-type: none"> <li>11 Dan Matthews</li> <li>12 Mark Flippance</li> <li>13 James Vlahos</li> <li>14 Scott Simkins</li> <li>15 Steve Cooper</li> <li>16 Bud Hall</li> </ul>	<b>White Divison</b> <ul style="list-style-type: none"> <li>21 Greg White</li> <li>22 Brad Stevenett</li> <li>23 Jordan Dankowich</li> <li>24 Jack McFaul</li> <li>25 Clayton MacLean</li> <li>26 Jeremy Maxwell</li> </ul>	<b>Black Divison</b> <ul style="list-style-type: none"> <li>31 Dan Lupton</li> <li>32 Phil Grimes</li> <li>33 Ryan Love</li> <li>34 Ashton Price</li> <li>35 James Becker</li> <li>36 Tobias Smulders</li> </ul>
<b>Green Divison</b> <ul style="list-style-type: none"> <li>41 Michael Bradbury</li> <li>42 Steve Hunt</li> <li>43 Brian Murphy</li> <li>44 Michael Field</li> <li>45 Stephen Gallagher</li> <li>46 Trevor Hall</li> </ul>	<b>Blue Divison</b> <ul style="list-style-type: none"> <li>51 Peter Skoretz</li> <li>52 Nicholas Cheng</li> <li>53 Rick Vascotto</li> <li>54 Wade Osborne</li> <li>55 Larry Code</li> <li>56 Dale Stewart</li> </ul>	<b>Grey Divison</b> <ul style="list-style-type: none"> <li>61 Steve Postma</li> <li>62 Manny Ki</li> <li>63 Mark Holloway</li> <li>64 Philip Dorazio</li> <li>65 Peter Di Paolo</li> <li>66 Bill Brodie</li> </ul>	<b>Gold Divison</b> <ul style="list-style-type: none"> <li>71 Paul Raven</li> <li>72 Gerry Cassidy</li> <li>73 Sandro Avila</li> <li>74 Jeff Flom</li> <li>75 Paul Bindner</li> <li>76 Bert Lavigne</li> </ul>

# Convenors



**01 CANUCKS**

<b>Troy Pocaluyko</b>	<b>905-330-7306 C</b>
David Zavitz	416-435-4385 G
Greg Beilhartz	416-994-7624
Andrew Blakeley	416-821-8783
Rob Dionne	416-272-7504
Clint Ellicott	905-802-6384
Tim Fisher	905-802-0329
Frank Goodrum	905-802-0937
Paul Greenlee	905-869-6695
JP Hatala	289-259-3501
Daniel Heap	905-317-2228
Matt Luskey	416-676-8788
Bryon Moore	416-886-1735
Mark Pilgrim	905-802-5852
Todd Schultz	289-259-4718
Steve Wilkins	905-320-3805

**02 FLAMES**

<b>Marc Brennan</b>	<b>905-407-0475 C</b>
Bill Geady	437-350-3103 G
Kevin Blakey	905-464-5041
Mike Dunlop	905-536-5781
Cory Fry	416-894-4088
Chris Fulton	416-526-4384
Todd Hicks	905-330-9664
Paul Hnatiuk	647-395-9896
Harrison Hristopoulos	905-601-7338
Scott Hudson	647-824-7111
Mark Mallett	416-892-2122
Graham McCulloch	416-671-2099
Nick Moskal	289-237-1431
Kyle Pahapill	905-320-8982
Brad Panzer	416-579-1284
Paul Wilson	905-331-4474

**03 OILERS**

<b>Chris Falco</b>	<b>905-517-3300 C</b>
Darryl Muscat	416-294-1994 G
Robert Allan	905-876-7584
Victor Bayliss	905-634-1484
Tom Brotherston	905-516-7123
Charlie Crisci	905-699-2001
Jeff Davis	905-334-1411
David Dougherty	416-809-0546
Matt Kowgier	289-938-6663
Rob McGowan	905-981-8051
Matt McIntosh	416-427-0116
Ryan Mikhelson	416-797-7858
Andrew Robertson	647-708-0029
James Rolph	905-467-1373
Steve Ryan	416-896-7215
Michael Taylor	289-828-4105

**04 LEAFS**

<b>Mike Moes</b>	<b>647-404-8984 C</b>
Glenn Cooke	905-518-6002 G
Michael Baker	416-735-5585
Dave Brown	416-268-1306
Bob Clarke	905-301-5362
Cory Flynn	416-909-2679
Brett Halstead	289-983-7250
Mike Halstead	905-971-8747
Chris Heffernan	365-228-5103
Stephen Leclerc	905-332-9481
Chris Logue	905-320-2529
Brandon Marsh	905-220-3622
Dwayne Nedelko	905-464-3755
Corey Newport	905-320-4109
Jeremy Okolisan	416-939-1577
Bryan Reichel	905-424-9010

**05 SENATORS**

<b>Mark Goulet</b>	<b>905-334-6275 C</b>
Graeme Millar	905-971-1568 G
Mark Cernjul	416-884-1856
Steve Cline	416-570-3428
Jason Continenza	905-808-5323
Gary Cooke	905-577-7893
Terry Fehrman	289-983-0265
Drew Higgins	519-494-8976
Robert Kirin	416-209-3272
Paul Kuno	905-407-7692
Duncan Long	519-501-1519
Ken Pagan	905-536-5480
Jeremy Penrose	905-467-1142
J.D. Pettit	905-308-6979
Kyle Scott	905-699-1886
Drew Towarnicki	416-434-8435

**06 CANADIENS**

<b>Jamie Lawrence</b>	<b>365-999-3678 C</b>
David Cadeau	289-208-1500 G
Martin Breton	416-587-5338
Michael Burton	519-505-1514
Glen Cameron	519-535-0684
Chad Campbell	905-321-0184
Michael Dynes	905-407-0693
Brian Fegan	416-705-3364
Brent Garbutt	416-799-2424
David Holmes	905-464-4962
Mike Karauskas	647-881-7179
David McKissock	905-320-1404
Scott Melee	905-815-3610
Ben Mercer	613-223-1070
Rob Riley	905-933-9401
Steven Turner	905-691-0910

**ORANGE****11 CANUCKS**

<b>Dan Matthews</b>	<b>905-220-9115 C</b>
Paul Fitch	905-208-0858 G
Jeff Baker	905-638-1057
Mike Campbell	905-691-3830
Russell Draper	416-476-1395
Tim Evans	289-400-2177
George Hoytema	905-208-4638
Rob King	289-834-9164
David Lenover	905-483-6672
Robert McDaniel	905-981-9717
Scott McIntyre	905-467-2228
Chris Mutcheson	416-566-2772
Andrew Peaker	905-537-0750
Justin Pocock	416-902-2684
Brett Whidden	905-864-5002
John Wright	289-238-8324

**12 FLAMES**

<b>Mark Flippance</b>	<b>905-399-5585 C</b>
Don Cowan	905-658-0445 G
Erick Boucher	437-998-2699
Steve Carter	289-795-1489
Marcel Derks	905-691-6976
Sylvio Gaudet	416-970-5004
Andrew Last	647-965-3658
Mark Lockstadt	905-407-8211
Bill Matthews	905-220-1992
Kelly Roberts	416-346-5288
Stephen Sisokin	416-931-2233
Peter Stapleford	365-737-6746
Rob Tihor	905-617-7701
Gary Verdone	289-230-5080
Paul Wisniewski	905-407-9499
Todd Woods	289-244-2972

**13 OILERS**

<b>James Vlahos</b>	<b>905-483-1574 C</b>
Jay Evershed	289-775-7493 G
Josh Cook	416-771-6676
Shawn Cronkwright	416-602-2942
Mark Deighton	905-483-3350
Doug Ellison	647-236-7930
Keith James	905-407-5353
Pat Lemieux	647-376-6610
Travis Lutes	506-871-6236
Stephen Marshall	905-906-2197
Tom Moore	289-441-1233
Derek Presswood	905-912-4055
Andrew Spidle	647-502-6348
Pete Vandereyken	905-630-0624
Mark Vincent	416-459-9003
Sean Washchuk	416-716-0080

**14 LEAFS**

<b>Scott Simkins</b>	<b>416-570-6347 C G</b>
Leslie Baylis	905-466-6007
Chris Belanger	905-330-0817
Vincent Cianciolo	905-745-9738
Jesse Conner	905-931-2433
Robert Cresswell	416-846-4566
Carlo Di Lalla	416-320-8246
Andrew Dixon	905-973-1397
Gary Jenkins	905-699-3881
Jeff Josiak	416-200-8537
Peter Juvatopolos	905-515-1618
Angelo Misale	905-730-9842
Derek Peters	416-931-1155
Malcolm Suzuki	905-512-6257
Peter Tolhoek	905-902-8960
Sean Woolsey	905-719-5900

**15 SENATORS**

<b>Steve Cooper</b>	<b>905-330-5346 C</b>
Mike Drost	905-704-8266 G
Doug Boutillier	905-319-2547
Paul Chappell	905-928-7285
Ken Hammond	647-462-1247
Danny Kennes	905-808-0243
Rob Langford	905-634-9618
Sean Laverty	416-606-9802
Vince MacDonald	905-630-1910
Wayne MacGregor	519-766-2430
Kevin May	905-981-9492
Bill McFadyen	416-571-1459
Bruce McIntosh	905-320-2995
Rob Noon	416-428-5427
Corey Trodd	905-634-5038
Ken Wayne	905-541-0467

**16 CANADIENS**

<b>Bud Hall</b>	<b>905-961-2988 C</b>
Kevin O'Rourke	416-817-8920 G
Steve Bews	289-208-6737
James Blake	416-262-7485
Cal Campbell	905-782-5116
Brad Glassford	289-439-6320
Duane Gray	905-379-3442
Matt Noad	647-463-3381
Brad Palmer	416-220-4554
Michael Plewes	905-467-8272
James Porteous	905-630-0861
Jason Prickett	289-259-0698
Rob Proctor	905-531-7633
Clarence Smith	905-617-5248
Ryan Wagg	905-630-0749
Justin White	647-549-5263



## 21 CANUCKS

<b>Greg White</b>	<b>905-466-3787 C</b>
Paul Swire	289-259-8001 G
Jeff Armstrong	416-629-6678
Robyn Duwhyn	226-972-3588
Ian Fewkes	905-407-4409
Mark Guichelaar	416-554-1505
John Hutter	905-577-7621
Tim Litt	365-323-7130
Brian McOstrich	905-580-4078
Brian Nelson	905-870-8407
Matt Paget	365-999-2377
Alan Puls	416-809-6002
Patrick Rea	289-259-5074
Jeff Sims	905-339-8357
Greg Wood	905-407-9379
Dave Zarnke	416-873-1340

## 22 FLAMES

<b>Brad Stevenett</b>	<b>905-407-7381 C</b>
Paul Aiello	416-995-8402 G
Kerry Blakey	905-466-6054
Adam Brayson	905-220-7226
Darren Gillis	289-962-1369
Mark Hamilton	289-680-4754
Paul Kelly	905-510-4874
Colin MacLeod	647-244-4292
Eddie Nowak	647-767-8390
Eric Pailley	905-634-1895
Marc-L Porter	416-588-0270
Steve Sibbick	905-302-2680
Cody Taylor	289-885-6336
Shane Toohey	416-709-0183
Jason Unsworth	416-768-2166
Wes Van de Polder	416-668-9485

## 23 OILERS

<b>Jordan Dankowich</b>	<b>905-220-8154 C</b>
Bryan Letourneau	905-749-2280 G
Mark Addison	416-720-5848
Mark Anderson	416-564-0229
Don Bibby	905-464-1225
Marc Hamel	905-520-7312
Michael Hawkins	905-634-4102
Don Koopman	416-717-4199
Daniel Le Gresley	905-599-6049
Andy Meaning	905-483-3544
Brian Nichol	905-975-3744
Ken Pasma	905-467-2051
Dominic Sergi	905-632-2307
Terry Thorpe	289-440-2250
Philip Wilkes	289-300-1072

## 24 LEAFS

<b>Jack McFaul</b>	<b>905-483-4569 C</b>
Timothy Visser	416-999-8687 G
Tom Armes	289-208-8366
Tony Baguley	905-467-6970
Rick Houston	647-290-5866
Douglas Howard	905-730-9924
Kevin Kofoed	905-208-0029
Andrew Martin	905-802-4683
Chris McGrath	905-599-7452
Rob Mullett	905-464-4761
Kevin Murphy	416-571-8460
Brent Myers	905-599-7537
Angelo Sottana	905-467-2417
Andy Thorpe	289-208-3942
Jeff Thrasher	416-996-9328
Michael Wells	289-259-7932

## 25 SENATORS

<b>Clayton MacLean</b>	<b>647-239-9097 C</b>
Bradley Denman	416-891-9223 G
Rob Antoniuk	905-681-8748
Blake Burrows	647-282-8147
Michael Greene	416-459-6433
Kyle Harrison	289-218-9686
Dennis Komac	905-730-7047
Brian Manzel	905-334-3743
Mike Masur	905-466-0383
Glen Nicholson	647-393-3514
Paul Nicholson	647-917-7554
Rick Roman	416-903-8453
David Schwarz	905-331-9081
Rick West	416-807-7371
Scott Williamson	905-691-8734
Bernard Zeglinski	437-233-6302

## 26 CANADIENS

<b>Jeremy Maxwell</b>	<b>289-259-8325 C</b>
Jeff Thompson	905-334-7858 G
Todd Barr	905-467-1202
Neil Bennett	343-596-1050
Blair Breen	416-896-2697
Chris Brown	289-208-2566
Philip Cervoni	226-606-8433
Greg Daniels	905-464-5485
Glen Haley	905-302-3448
Bruce Halladay	905-580-3434
Mark McDonald	905-617-1930
Lloyd Millar	416-452-4465
Glen Montgomery	905-466-8523
James Patrick	647-232-9387
Michael Proctor	289-259-5889

## BLACK

## 31 CANUCKS

<b>Dan Lupton</b>	<b>905-601-1850 C</b>
Matthew Guglielmi	905-484-5776 G
Jason Aguanno	905-531-3139
Mark Coleman	289-442-1398
Daniel Forsyth	647-882-1882
Scot Hamilton	905-331-4793
Matt Krusto	289-838-4849
John Laursen	905-336-2641
Mike Martins	905-484-5142
Barry Monaghan	416-453-6616
Leonard Nicholson	416-937-8377
Ryan Plant	289-489-0699
John Prior	289-439-0004
Jon Russill	416-791-3144
Mark Wilson	905-301-5719

## 32 FLAMES

<b>Phil Grimes</b>	<b>905-407-1785 C</b>
Stewart Cawthray	416-559-0888 G
Ian Christie	905-483-5420
Mike Dakins	647-272-6539
Dominique Egloff	905-746-0749
Greg James	905-339-8472
Jim Kotsopoulos	905-308-5472
Mike Macadam	905-719-7844
Dan McNeill	905-332-7103
Richard O'Neill	905-920-6726
Anthony Rumleskie	905-512-9624
Andrew Weller	905-531-0099
David Whyte	905-515-7737
Walter Wiebe	905-320-1726
Wayne Wong	289-971-1330

## 33 OILERS

<b>Ryan Love</b>	<b>905-808-2835 C</b>
Marc Ouellette	905-912-2472 G
Chris De Michele	416-876-4352
Michael Derry	519-240-1097
Glenn Downey	905-516-5355
Nic Freeman	905-975-0230
Mo Goyal	416-807-7932
Eric Hopkins	416-807-6693
Mike Jack	647-823-2966
Evan Koch	905-536-4668
Jason Pidgeon	289-218-7672
John Prittie	416-984-7022
Mark Rasmussen	905-617-3069
Steve Sparrow	905-601-4546
Aubrey Stott	416-771-8474
Jeff Tate	416-688-5422

## 34 LEAFS

<b>Ashton Price</b>	<b>647-986-2148 C</b>
Michael Sproule	647-281-5399 G
Todd Bethell	416-816-6309
Mike Blake	905-512-3602
Vic Brandonisio	289-259-1929
Ian Deacon	905-971-8929
John Forbes	289-707-1073
Scott Gallichan	905-334-2236
Hussein Hamdani	905-330-0221
Michael Ligas	905-627-2653
Kevin MacRae	289-556-9515
Darrell Marsh	416-418-2428
Stephen Morris	416-357-9338
Scott Nerby	905-332-0711
Mike Speziale	416-508-7578
Keith Warren	647-236-1773

## 35 SENATORS

<b>James Becker</b>	<b>647-383-7411 C</b>
Doug Borbath	289-795-9640 G
Bill Adams	905-681-4597
Wendall Ahearn	289-828-4666
Mark Best	647-210-2087
Keith Ellison	905-334-8048
Doug Ferguson	905-484-2293
Marty Gulinski	905-580-9804
Chris Hill	289-795-8687
John Holloway	289-242-8331
Jamie Lindsay	289-218-6903
Derrick McElheron	416-302-1650
Warren Osborne	905-330-7911
Steven Patterson	289-681-4043
Michael Perrin	905-825-0057
Michael Schleich	905-336-8585

## 36 CANADIENS

<b>Tobias Smulders</b>	<b>905-730-8629 C</b>
Wayne Bellhouse	519-731-6353 G
Marc Bishara	514-241-5226
Sean Cassidy	416-558-8549
Tom Chessman	905-802-0538
David Colman	905-399-7233
Don Ferguson	905-630-8065
Scott Fitzsimmons	416-618-6444
Nathan Gamble	905-630-9908
Andrew Goodson	905-330-8277
Clayton Kenyon	289-339-6422
Jason Knox	416-697-3405
Chris Ricciuti	905-929-9515
Trevor Shea	905-902-6613
Brad Smith	289-259-0280
Rob Todd	416-994-4023



GREEN

## 41 CANUCKS

<b>Michael Bradbury</b>	<b>905-510-2992 C</b>
Pat Turcotte	905-906-8879 G
Dave Bennett	905-339-6668
Paul Busnello	905-515-7708
Aggie Cabral	905-407-6552
Carl Camilleri	416-704-5402
Chris Caunce	905-336-8261
Jacques Chaput	905-483-3307
Robert Decleir	905-331-9437
Steven Filek	705-257-2878
Tim Fowler	905-510-0795
David Kimberley	905-407-6515
Brian Miki	647-545-3859
Paul Milward	416-998-1014
Mike Starr	289-707-1793
Rob Watts	905-536-1169

## 42 FLAMES

<b>Steve Hunt</b>	<b>905-979-3157 C</b>
Shawn Zipay	905-220-2351 G
Tony Attard	416-520-5295
Allen Bruder	905-308-2086
Eric Elo	905-928-1202
Kevin Flanagan	905-332-6891
Marc Gallant	905-332-8651
Brent Hunt	519-841-4008
Mark Jones	647-449-5161
Robert Lambert	289-259-6576
Martin MacPherson	905-545-1945
Paul Quinn	289-230-6125
Jonas Raymond	647-802-5685
Jeffery Rodricks	905-464-8688
Dave Ryan	416-859-7295
Giovanni Stea	416-566-5935

## 43 OILERS

<b>Brian Murphy</b>	<b>416-676-7631 C</b>
Jeremy LeBlanc	9053399200 G
Shawn Allen	905-320-8229
Mark Gonyea	905-330-3333
Andy Guennel	289-400-0719
Craig Hope	905-407-1733
Jeff Hubbs	647-992-6535
Yarek Jarzebski	905-334-8959
Jay Littlejohn	416-451-7010
Andrew Mathers	905-399-1267
Mark Sauer	289-259-0195
Jamey Schein	905-802-4135
Mike Sergi	905-637-9230
David Smith	289-218-7637
Jason Wu	416-262-6730
Tae Yoon	647-219-8629

## 44 LEAFS

<b>Michael Field</b>	<b>289-237-6337 C</b>
Wally Omiotek	905-516-9713 G
Maurizio Dal Zotto	905-570-5590
Donald Dale	416-566-7666
John Elliott	289-242-6129
John Kemp	905-978-2200
Don Macrae	905-875-8109
Martin Noakes	416-305-4823
Wayne Owchar	905-805-8648
David Rankin	905-923-8690
Glenn Sawyer	289-242-3858
Colin Somers	905-220-7369
Clint Williams	905-465-5218
Raymond Wodar	905-334-5439
Andy Wong	416-388-5009

## 45 SENATORS

<b>Stephen Gallagher</b>	<b>519-580-0087 C</b>
Todd Gordon	289-816-2423 G
Mike Amormino	647-632-2597
Tobias Boadway	905-484-3098
Ken Fox	905-928-5396
Rudy Gauer	905-844-7516
John Herbert	637-881-9716
Peter Johnston	905-399-9635
Gord Milmine	905-510-0697
Kevin Nagel	289-253-8695
Peter Pawlowski	647-622-4792
Joe Pecyna	905-582-0790
John Rivard	905-339-9956
John Rockx	905-320-8700
Larry Seaman	905-978-0555
Gil Verwey	905-320-9665

## 46 CANADIENS

<b>Trevor Hall</b>	<b>905-616-7731 C</b>
Norm Groskopf	905-399-4225 G
Olivier Broschart	905-631-5778
John Brown	647-212-5646
Terry Buckland	905-319-3601
Dave Buttrum	905-630-3020
Aaron Clement	905-483-2135
Jim Corbett	905-912-1046
Steven de Vries	289-427-5232
Allan Harding	289-828-0303
Brian Melton	905-802-4891
Anthony Morielli	289-242-8610
Jeff Pattenden	905-464-0331
Tom Salb	416-625-7129
Harold Saunders	905-637-9670
Craig van de merwe	289-230-5883

BLUE

## 51 CANUCKS

<b>Peter Skoretz</b>	<b>905-512-3226 C</b>
Joe Goulart	905-517-6675 G
Jim Amesbury	905-483-7796
Ivan Amodeo	289-253-7913
Ron Bertrand	905-466-2320
Cedrik Brisebois	905-746-7805
Mike Doyle	905-630-1828
Mike Drexler	905-962-8714
Rob Johnston	647-453-4400
Mitch Kocken	905-399-0006
Scott Lindstol	905-827-4710
Allan Lusk	905-299-5968
Jim Moher	905-630-2317
Mike Robinson	905-691-1581
Jean-Francois Rousseau	416-676-7733
Gurpreet Saran	416-278-3286

## 52 FLAMES

<b>Nicholas Cheng</b>	<b>905 320-8128 C</b>
Larry Hallett	416-435-2926 G
Sandro Cervoni	9054842872
Kevin Collard	905-483-9191
Chad Courtney	647-984-0657
Steve Culliford	905-467-5158
Cecil Cummings	905-632-5142
Carmen Dimauro	647-640-9794
Ken Hamilton	905-973-2128
Pete Hibbert	905-971-9870
Curtis Hitsman	416-508-7058
Sebastian Jarzebski	905-407-8057
Robert Riddell	905-515-5126
David Rust	647-881-0704
David Vittie	289-208-5752
Cliff Watling	905-334-5958

## 53 OILERS

<b>Rick Vascotto</b>	<b>647-290-9076 C</b>
Richard Krummenacher	905-335-4460 G
Robert Bradbury	905-379-3641
Norman Coley	416-705-5556
Troy Collins	416-275-5121
Mark Heron	905-691-3023
Ted Johnston	905-379-3906
George Kish	289-218-6501
Evan McDade	289-834-2941
Warren McGlynn	905-330-1472
Dave Minson	905-577-7804
Andrew Morrier	905-464-7965
Renato Panicia	289-230-6597
Mark Sartor	289-230-4883
Kevin Skelton	905-220-1527
Douglas Van Zanden	647-688-2942

## 54 LEAFS

<b>Wade Osborne</b>	<b>289-259-7891 C</b>
Robert Hill	905-802-1210 G
Ralph Baigent	905-572-3856
Lance Edwards	905-536-4976
Robert Elliot	416-434-6827
Brian Guest	905-399-5266
Dave Malcolmson	905-971-5315
Rob Marini	647-521-0958
Terry McMann	416-475-6825
Alan Melhado	289-230-9912
Ross Monteith	905-639-3898
Eric Sklarchuk	289-795-1025
John Sweeny	905-330-1971
John Trabucco	905-464-1204
Stephen Walsh	905-339-7583
Kevin Wilson	905-319-1578

## 55 SENATORS

<b>Larry Code</b>	<b>289-208-4811 C</b>
Joe Raso	905-749-2775 G
Tim Coughlin	905-719-1041
Chris Davies	289-300-1517
Gurmukh Dhadda	289-795-1160
Barry Gothard	226-821-2708
Craig Green	905-630-0034
Ryan Hall	905-320-6702
Chad Hammer	905-320-2611
Suolon Hu	416-993-2480
Jonathan Jackson	905-466-5703
Henry Ki	416-728-5254
Scott McIntyre	905-631-0707
Michael Moore	905-599-0700
Gord Ross	416-471-6322
Harry Santi	647-205-5948

## 56 CANADIENS

<b>Dale Stewart</b>	<b>905-510-6768 C</b>
Grant Wiebe	416-918-7171 G
Jameson Cheung	647-966-5830
Eric Fankhauser	289-208-6019
Bruce Hazell	905-220-8260
Paul Ivey	905-802-4839
Jeff Kruger	905-637-4190
Rob Lemon	289-260-2271
Derek Lutz	905-336-9920
Richard Lyon	416-805-3443
Sean McIntyre	289-259-0632
Andrew Mowat	289-828-3345
Kevin Pomerleau	905-483-1217
Bryan Rajacic	905-330-2581
Mike Shaver	416-843-2087
Rick Thorpe	905-208-4088



## 61 CANUCKS

<b>Steve Postma</b>	<b>905-484-8550 C</b>
<b>Cory Mcmann</b>	<b>289-456-1326 G</b>
John Archambault	289-442-1496
David Campbell	905-691-6702
Rafael Chiuzi	289-707-4042
Andrew Doesborgh	905-719-5076
Derek Hetherington	905-617-6176
Tom Keating	416-230-5830
Mark Long	519-771-9324
Roderick McLeod	289-259-8899
Ian Moriarty	416-735-0970
Paul Pope	416-880-6344
Norm Poyton	905-541-5869
Michael Quinn	905-516-2718
Jim Skenderis	905-746-5884
John Steele	289-260-5304

## 62 FLAMES

<b>Manny Ki</b>	<b>416-399-7384 C</b>
<b>Chris Goldsmith</b>	<b>647-224-0885 G</b>
Jay Bradley	289-983-6671
Patrick Clarke	905-869-2979
Larry Gill	647-290-3526
Stan Gray	905-630-7042
Steve Gray	905-541-4299
Nevin Hamilton	289-828-0203
Doug Lawson	905-399-0814
Paul Pereira	416-407-0952
David Reurink	289-207-9522
Mike Sebok	905-220-1073
John Spadafora	416-554-1246
Christopher Stull	905-923-5175
Phil Van Staden	647-673-7664
Shane Wilson	905-330-5488

## 63 OILERS

<b>Mark Holloway</b>	<b>905-330-9712 C</b>
<b>Robert Rabey</b>	<b>905-399-2103 G</b>
Darwin Allen	905-335-1102
Adam Borsi	905-808-7735
Rob Campbell	289-527-1503
Eric DeMille	647-464-0134
Terry Kellar	905-327-2743
Ray Kemppi	905-320-2799
Robert Kubar	905-536-8815
Don Liddle	289-308-6011
David Rourke	416-579-8843
Wade Russell	905-681-2175
David Sawicki	416-618-2315
Gavin Treanor	905-407-6013
Larry Valentine	437-788-8654
Remis Zabiela	416-845-1824

## 64 LEAFS

<b>Philip Dorazio</b>	<b>647-808-6096 C</b>
<b>Roger Ross</b>	<b>905-334-2098 G</b>
Colin Ashdown	289-260-9277
Joe Baggetta	905-510-1209
Chad Blackmore	289-218-8031
Tom Cayer	905-923-6010
Ray Coyne	416-884-1031
Mike Ford	416-509-6940
Mauricio Haliska	289-681-1625
Derrick Harwood	647-927-4227
Tom Homer	289-795-2939
David McFarlane	905-334-5373
Lloyd Munroe	905-334-4650
Dennis Oleskiw	905-320-8958
Ralph Perri	416-556-7638
Paul Taillefer	289-680-4723

## 65 SENATORS

<b>Peter Di Paolo</b>	<b>289-237-3162 C</b>
<b>James Taylor</b>	<b>905-334-8628 G</b>
Milo Cimbura	905-334-5349
Aaron Cooper	289-242-5219
Oz Cuaresma	519-716-2837
Scott Eidt	905-870-9526
Peter Jakob	416-917-5804
Gerard Kelly	289-527-0542
Steve Major	365-292-3880
Richard Nabeta	416-258-4426
Grant Nicholson	289-259-4826
Chris Pilcher	905-379-6602
Mike Poliak	905-467-1187
Dan Rose	905-802-4326
Rick Szurkowski	416-300-7850
Joe Trocki	905-320-6027

## 66 CANADIENS

<b>Bill Brodie</b>	<b>289-208-9537 C</b>
<b>Daniel Amadio</b>	<b>905-541-3357 G</b>
Arnie Blackwell	416-428-3621
Chris Casamatta	416-457-7125
Wayne Denman	905-335-9727
Michael Firlit	905-572-1787
James Heilig	905-484-6586
Craig McElroy	905-330-9632
Lee Patterson	289-937-6459
William Pugh	905-484-3550
Harold Shearer	905-638-5393
David Shimoda	905-339-7902
Kevin Smith	289-983-6781
Geoffrey Tam	416-277-3074
Mark Tomecek	905-510-9973
Paul Winmill	365-999-5195

GOLD

## 71 CANUCKS

<b>Paul Raven</b>	<b>416-414-0344 C</b>
<b>Jeff Revill</b>	<b>289-244-6982 G</b>
Chris Bedini	905-630-8917
David Conforzi	905-865-0065
Robert Fijan	416-803-4929
Ken Greenfield	416-930-7607
Don Hunter	905-515-6693
Mark Levitt	905-516-3879
Keith MacDonald	416-475-1625
Doug May	905-749-2088
James Perro	289-208-9741
Robert Raponi	416-358-8748
Daniel Sadler	905-699-2204
Roger Starr	905-407-4482
Vince Taguchi	905-319-3180
Tom Tinmouth	289-828-5240

## 72 FLAMES

<b>Gerry Cassidy</b>	<b>905-333-1325 C</b>
<b>Andrew Garst</b>	<b>226-218-3582 G</b>
Kevin Benton	905-730-2041
Brian Bishop	365-378-4902
Jeeva Braich	905-334-6914
Peter Chambers	905-483-1077
Ross Fallis	905-407-0142
Paul Farquharson	905-466-7665
Michael Head	905-637-3458
Don Jamieson	905-319-2216
Richard Kirkness	416-414-4401
Henry Svazas	905-928-0444
Michael Trus	905-330-2562
Ed Vandervelde	905-407-0191
Robert Ventresca	289-838-2100
Ron Wardrop	905 616-5506

## 73 OILERS

<b>Sandro Avila</b>	<b>647-295-4214 C</b>
<b>Jim Greer</b>	<b>905-580-0427 G</b>
Jason Bola	647-213-2652
Ron Caldwell	905-335-3718
Albert Elkaim	905-802-5062
Wayne Hogan	905-829-0392
Keith Jalbert	416-574-5701
Bruce Marsh	416-984-6635
Nick Mattiacci	905-336-3944
Chris Nye	416-271-9086
Francis Rank	905-220-0523
Jim Savage	905-518-3839
Derek Savage	905-902-1228
Steve Savage	416-606-4123
Roberto Tancredi	905-577-5700
Mike Verwey	905-407-7366

## 74 LEAFS

<b>Jeff Flom</b>	<b>905-464-0066 C</b>
<b>Charles Cino</b>	<b>289-230-7332 G</b>
Henry Anaszkievicz	905-870-0825
Harpreet Bhathal	905-467-5298
Dave Chadwick	905-691-4297
Derek Findlay	905-464-4171
Drew Gibson	905-510-3739
Steve Higgins	905-979-8980
Warren Korol	905-517-6363
Dan Marissen	905-407-5480
David McNicoll	905-749-1670
Allan Meyer	905-975-0058
Philip Naiman	416-702-5394
Ray Poliziani	905-639-1429
Greg Watson	416-454-5552
Imre Zalan	289-544-6440

## 75 SENATORS

<b>Paul Bindner</b>	<b>905-978-2229 C</b>
<b>J.J. Fitzpatrick</b>	<b>905-570-3149 G</b>
Duncan Bell	905-220-7368
John Boniface	905-637-6592
Harjeev Brar	647-938-4275
Vince Cardinali	905-978-0195
Don Cowan	416-697-6774
Mark Cunningham	905-746-3627
Robert Grenier	905-630-1788
Roger Hills	905-512-6880
Paul Lafleur	905-975-6829
Bob Roberts	905-319-7735
Dave Robinson	905-465-5246
Mike Schincariol	905-630-6227
Mark Sylvia	613-449-6297
Ross Tregunno	905-407-2238

## 76 CANADIENS

<b>Bert Lavigne</b>	<b>905-516-5752 C</b>
<b>Scot Cameron</b>	<b>289-242-6339 G</b>
Keith Allen	905-870-0023
Peter J. Austin	905-630-0338
David Cardy	416-606-2198
Herb Chan	289-962-2733
Cole Dolny	416-676-9526
Dan Gaudreault	905-979-2889
Darryl Hurst	416-892-7063
Michael Logan	905-414-4732
Eric McCarthy	905-336-7064
Dale McKeown	905-336-2335
Doug Oster	905-637-9190
David Rodden	905-802-2978
Gary Salter	289-834-1928
David Trumbell	905-320-0415



# Giving Back

## Community at the Core



### BOHC's legacy of charity and service.

Since its inception, BOHC has embraced its role as a community leader. From early fundraising for Mainway Arena, the club has never stopped giving back.



## It's more than just hockey.

The **BOWSER Food Drive**, launched in 1992, is a cornerstone of that commitment.

As of 2025, BOHC members have donated **over 105,493 food and household items** and more than **\$410,250 in cash** to families in need.

The Club has also marched proudly in the Burlington Santa Claus Parade, supported the Carpenter Hospice, and championed countless local causes.

- Mainway Arena Fundraising
- Joseph Brant Donations
- Minor Sports Sponsorships
- Santa Claus Parade
- Carpenter Hospice
- BOWSER Drive
  - Since 1992
  - 105,493 Food items
  - \$410,250 cash donations



### Community Support - MAINWAY ARENA

BOHC helped get Mainway Arena started in 1986 - **Richard Nabeta and Gerry Park** shown here as two of the contributors from our Club! The plaques on the wall at Mainway pay tribute to BOHC and the personal contributions made by individuals and corporate groups at the time. Thanks guys!



### Community Support - ORIGINAL BOWSER BABES

In the fall of 1992, six dedicated hockey wives founded **BOWSER (Burlington Oldtimers' Women Supplying Emergency Relief)**. Their mission was simple but powerful: *Support Burlington's less fortunate through monthly collections of food and cash donations for the Burlington Food Bank.* By the time the "**Bowser Babes**" retired, they had collected an incredible **89,768 food and household items** and **donated \$253,280 in cash** — all to help those in need in our community.



### Community Support - CARPENTER HOSPICE

Last season the BOHC members collectively raised a total of **\$24,290**

**Includes:** Bartender Donations (\$177), Black Div (\$2,090), Orange Div (\$1,010), White Div (\$765), Red Div (\$710), Gold Div (\$535), BOHC Invitational (\$9,400), BOGC Golf 2025 (\$8,000), Misc. (\$150).

*This brings the lifetime total donations to **\$217,323!***





# 50<sup>th</sup> ANNIVERSARY

## Gala

### MAY 2, 2026

ROYAL BOTANICAL GARDENS

GALA TICKETS

## \$125

Ask us about Gala Sponsorship Levels

50  
YEARS  
STRONG



## XMAS PARTY

**Saturday**  
Nov. 29, 2025

Doors Open at 7pm

Burlington Legion  
828 Legion Rd



**\$15**

In support of

**Burlington Food Bank**

**BOHC**

# Messages to the Club



The Office of Mayor Marianne Meed Ward  
City of Burlington

Dear Members of the Burlington Oldtimers' Hockey Club,

Congratulations on reaching the incredible milestone of your 50th season!

For five decades, the Burlington Oldtimers' Hockey Club has been a cornerstone of sport, camaraderie, and community in our city. With more than 1,200 members strong, 48 regular season teams, 8 daytime teams, 12 summer teams, and 44 teams participating in your annual February Invitational, BOHC stands as one of the largest and most vibrant recreational hockey organizations in Canada.

The City of Burlington is proud to have partnered with you over the years and to have supported the work you do to foster active living, inclusion, and lifelong friendships through the game of hockey. Your dedication to creating welcoming and spirited opportunities for players of all skill levels is something to be truly celebrated.

Thank you for all you've contributed to our community over the past 50 years. Wishing you continued success, great games, and many more years of connection both on and off the ice.

Sincerely,

Mayor Marianne Meed Ward  
City of Burlington



Mayor's Office | 426 Brant Street, PO Box 5013, Burlington, ON L7R 3Z6  
Phone: 905-335-7777 | Email: [mayor@burlington.ca](mailto:mayor@burlington.ca)



**MAYOR**

## Marianne MEED WARD



**PROUD SPONSOR OF  
BOHC'S 50<sup>TH</sup> SEASON**

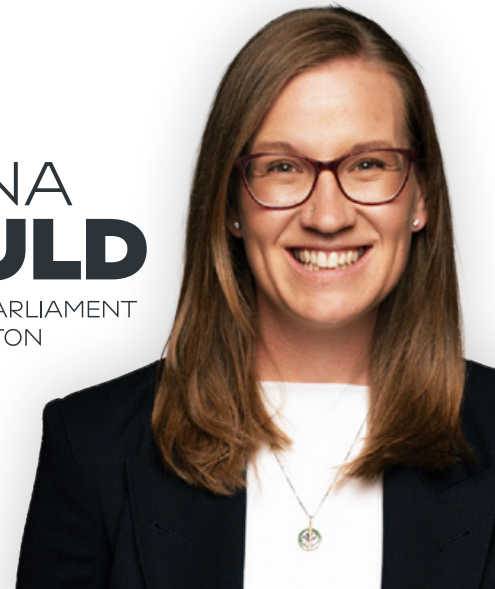
**Mayor Marianne Meed Ward**  
Mayor of Burlington



Cheers to  
**50**  
*years*  
 of great  
 hockey and  
 community spirit!



YOUR VOICE  
 IN OTTAWA



905-639-5757 karinagouldmp.ca

@karinagould



**We are Burlington!**  
 Play. Community. Live.

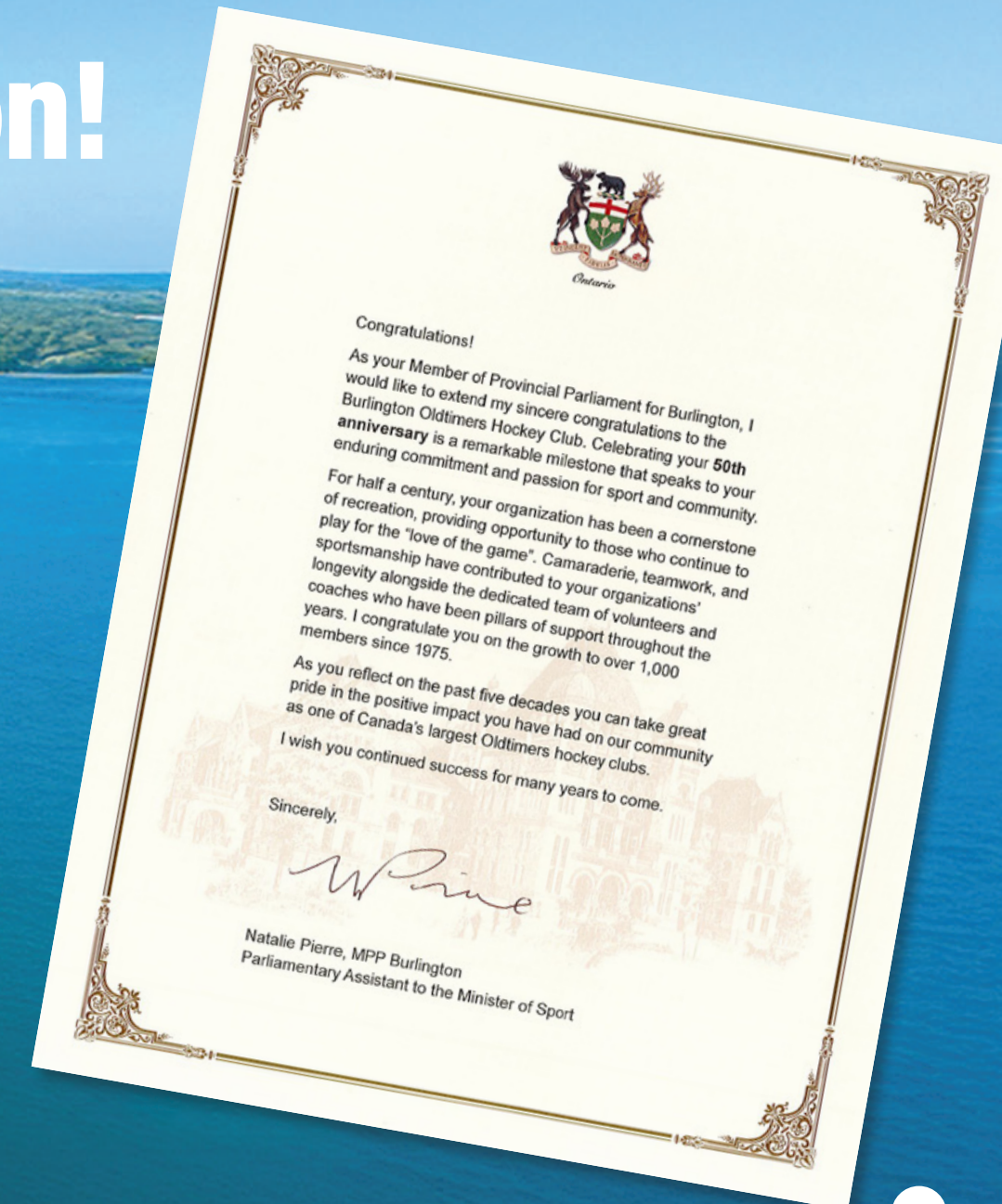
**CONGRATULATIONS  
 ON 50 YEARS**



**NATALIE PIERRE**  
 MPP - Burlington

nataliepierremp.ca • 905-639-7924

Natalie Pierre  
 MPP - Burlington





# Everybody knows his name...

*Back in 2010, Gil Verwey of Verwey Automotive came through in a big way by donating pucks for every division in the BOHC. Not only that, he designed and printed colourful keepsake versions that were a huge hit with the guys. Everyone loved them — and most wanted to hang onto one as a souvenir rather than put it into play!*



## Everyone knows Gil Verwey or has benefited from his good deeds.

BOHC is proud of Gil Verwey — a true Burlington native and oldtimers hockey stalwart. Gil is always quick with a great story and even quicker to step up when the community needs a hand. His decades of dedication to the game and to those around him reflect the very best of what BOHC stands for.

## Brant Transmission

*Get Your Shift Together!*  
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**VERWEY**  
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**20+ Years**  
**905.681.3704**



Gil Verwey



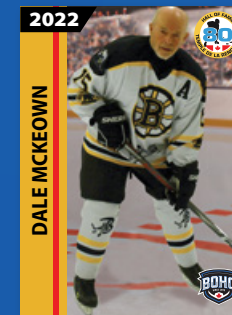
# Iron Men of Hockey

BOHC in the 80+ HHOF



BOHC is proud to support our very own players and builders actively involved in growing the community of 80+ active recreational hockey players in Canada. Welcome to the 80+ Hockey Hall of Fame - You are the Iron Men of Hockey!

- 2016 Stewart Cockshutt
- 2017 Gerry Kelly, Gerry Park
- 2018 Ed Murphy, Roger Bruggess
- 2019 Neil Donaldson
- 2022 Peter Austin, Bobby Grenier, Bill Leithead, Dale McKeown, Bobby Pring, Dave Trumbell
- 2024 Keith Jalbert, Jim Savage, Jim Shaw, Henry Svazas
- 2025 Bert Lavigne



2022



2024



2025  
This year's  
inductee,  
Bert Lavigne



I N D U C T E E S



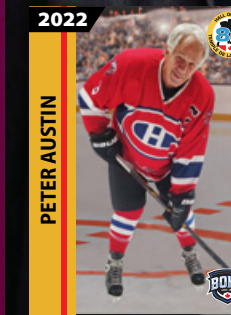
Canadian team Captain Duncan Bell coaches his bench through the annual 80+ International tournament as they play to win the Canada 150 Cup.



2025 BOHC  
I N D U C T E E

**Bert Lavigne**

- Oct 20-24 80+ International Tournament  
Appleby Arena, Burlington
- Oct 25 80+ HHOF induction: Bert Lavigne  
Ottawa, Ontario



2022



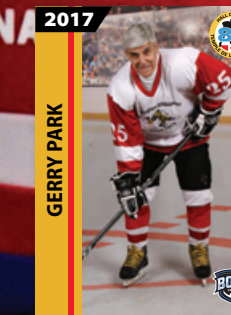
2019



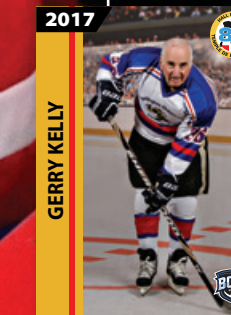
2018



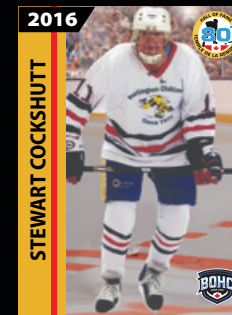
2018



2017



2017



2016

The 80+ HOCKEY HALL of FAME is a non-profit organization which recognizes active recreational hockey players 80+ years of age in Canada.





**Don MacRae, Agent**  
 485 Main St E. Milton  
 905-878-8109  
[www.donmacrae.ca](http://www.donmacrae.ca)

**Wishing you  
 success in our  
 50<sup>th</sup> season!**

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*We Are Family!*

Each season, we take a new photo of BOHC legend Andre Leclerc with his son Stephen. We love it when our member's sons finally turn 35 and join BOHC to play alongside their dads.

Jim Savage & son Derek

Sandro Cervoni & son Philip

Mike Halstead & son Brett

Ron Wardrop & son Jordan

John Rivard & son Mark

Bruce Marsh & son Brandon

Andre Leclerc & son Stephen

Harold Shearer & son Joe

Allan Meyer & son Christian



# Join the best hockey club around!

W

## WINTER REGISTRATION for the upcoming season (2026-27)

**Opens April 2026**

### IN-PERSON REGISTRATION

If you don't or can't join online, drop off your printed form, with cheques for payment (no credit card), at Hector's during the month of April. Cheques only with printed form... no credit cards.

### ON-LINE REGISTRATION

Link is on the website. Credit card payment only.

### REGISTRATION FORMS

Registration forms are available at Hector's or on-line as of April 1 of the upcoming season. Register by May 1, of the upcoming season to save your playing seniority.

Register by Sept 1, of the upcoming season to save your Club seniority.

S

## FULLTIME SUMMER registration is expected to open immediately after the 2026 Invitational Tournament ends, and the fee will be approx. \$350\*

**POOL PLAYERS** can register online any time after the 2026 Invitational throughout the Summer season, and there is no fee to register for the pool (just the per game played fee est. \$20\*). Games are played mostly on Wednesday nights, with a few other weeknights, from late April through the first week of September\*.

Email Jordan Dankowich at [summer@bohcc.ca](mailto:summer@bohcc.ca)

\* subject to change due to ice and other costs, City ice allocation, etc.

# Winter Hockey

# Summer Hockey

## Congratulations to BOHC on 50 incredible years!

Just like a great team, your financial future thrives with the right plan and strategy. We are the cornerstone of your financial journey, providing personal advice for every stage of life.

Contact us today to turn your vision into reality

Andrew Mowat CIWM®, CIM®, DMS  
Wealth Advisor

→ 905-849-2847  
→ [andrew.mowat@nbc.ca](mailto:andrew.mowat@nbc.ca)  
→ [nbffwm.ca/cornerstone](http://nbffwm.ca/cornerstone)

56

57





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your business!



## Supporting the Humboldt Families

Members of the hockey community, including BOHC  
took to social media to send their condolences  
and offer support to the families of the  
Humboldt Broncos hockey team.  
Our members observed a moment  
of silence on ice, offered  
financial support and placed  
hockey sticks outside their  
homes' front doors.



Members of Green division  
showing their support to the  
families of the Humboldt Broncos.





2026  
**Invitational  
Hockey  
Tournament**

**February 18 - 22, 2026**

Mainway Arena



To volunteer, donate prizes,  
or team registration, contact:

**John Andersen**  
[invitational.tournament@bohcc.ca](mailto:invitational.tournament@bohcc.ca)

Proceeds to the



Carpenter Hospice

**PRIZES &  
VOLUNTEERS**  
are needed to  
make it another  
success!



## The First Invitational - A Hall of Famer and a Historic Trophy

The very first **BOHC Invitational Tournament** was held in March 1977, featuring 16 teams. The championship trophy was presented by none other than NHL Hall of Famer **Fred "Cyclone" Taylor**, who also donated a pair of his own

skates — worn during the 1920s or 30s. To this day, Cyclone's skates and the original trophy remain part of BOHC tradition, proudly displayed atop the **Red Division's** championship trophy.

**Edward Jones®**

## A more personal approach to your financial goals is right around the corner.

As a financial advisor I get to do what I love every day - partnering with our community to help people reach their dreams.



### **Peter N Skoretz, FCSI®, FMA**

Financial Advisor

460 Brant Street

Suite #208

Burlington, ON L7R 4B6

905-631-9559

[peter.skoretz@edwardjones.com](mailto:peter.skoretz@edwardjones.com)

905 512 3226

**Call or email me today.**









**SLO-PITCH**  
1980 - 2025

**BURLINGTON OLDTIMERS  
SLO-PITCH LEAGUE**



- **Slo-Pitch for Men 35+** (Must be 35 within the playing season)
- **May–September:** 30+ Regular season umpired games, weekend tournaments, team jersey and endless laughs!
- **Tues, Weds & Thurs** night games (2 Games/Week)
- **2 Weekend tournaments** at Sherwood Forest Park
- **Many social events:** QB Sports Bar hosts our teams after each game, annual golf tournament, tournament entertainment, awards banquet & more
- **Community:** We raise money every year to donate to a local charity



**Our league fills up early.  
Ask Questions or Register:  
membership@bosl.ca**

**www.bosl.ca**

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Must be 19+, Enjoy Responsibly.  
The availability of products/alcohol (NOTE: or other word used in the ad) is contingent upon receiving government and regulatory approval. The final regulatory approval will determine the availability of the products, which may be subject to change without prior notice. Terms and conditions may apply.

**CIRCLE K**



**One of the Most Anticipated Events of the Year,  
The Burlington Oldtimers Golf Classic!**



The **Burlington Oldtimers Golf Classic** is an annual tradition that brings members together for a great day of golf, camaraderie, and community spirit. Held each spring, the tournament offers an affordable and social outing for players of all skill levels.

With a few fantastic prizes, a putting contest, delicious food, and a sold-out crowd year after year, it's no wonder this event has become a favourite on the BOHC

calendar. Thanks to the incredible support from Gil Verwey's team of volunteers, sponsors, and participants, the Golf Classic also raises thousands of dollars for the Carpenter Hospice.

Don't miss your chance to be part of this unforgettable day. Spots fill up fast — mark your calendars and get ready to hit the links!

2026  
**BOGC  
ANNUAL GOLF  
TOURNAMENT**

**Saturday, May 9, 2026**  
WILLOW VALLEY GOLF COURSE



**PRICE (TBA)**  
will include green fees, cart, & dinner!

12:30 pm Shotgun Start - 4 Man Scramble

Proceeds to the



Carpenter Hospice

Gil Verwey (905) 320-9665  
gilverwey67@gmail.com





# After the game, bring it on over to Hector's!



**Hector's**  
BURLINGTON OLDTIMERS HOCKEY CLUB

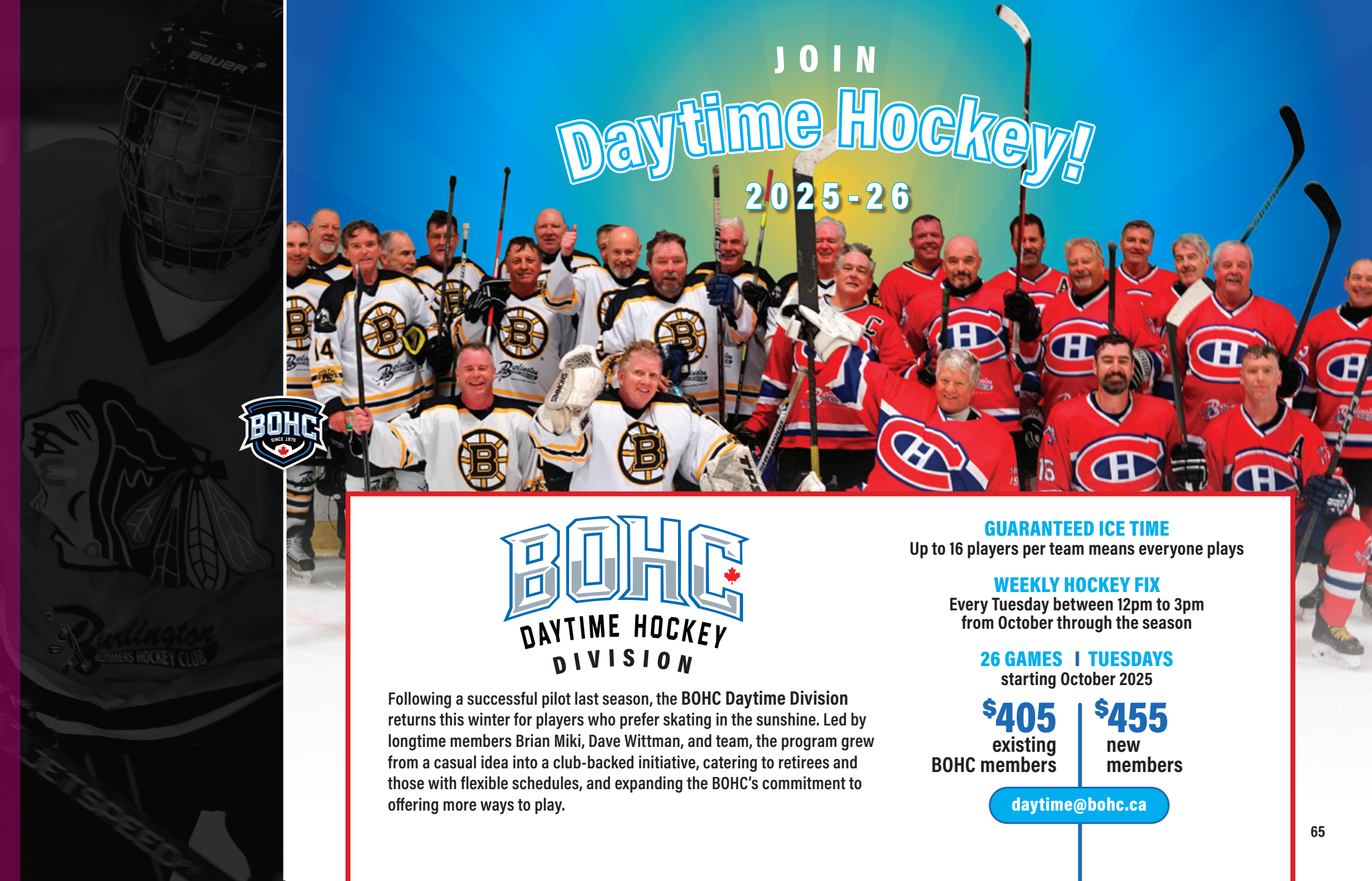
Fully Licensed • Team Pub Nights • Convenient Location • Competitive Prices  
Satellite TV's • NHL Centre Ice Package • Internet Access  
Good Friends • Exaggerated Stories

**WINTER HOURS:**  
Monday, Wednesday, Thursday ..... 8pm to 1am  
Tuesday ..... Closed  
Friday ..... 7pm to 1am  
Saturday ..... 4pm to 1am  
Sunday ..... 6pm to 1am  
*Hours may vary depending on hockey schedule*

**SUMMER HOURS:** (May 1 - September 5)  
Monday, Tuesday, Thursday ..... Closed  
Wednesday ..... 8pm to close  
Thursday ..... Closed (available to rent)  
Friday ..... 4pm to 7pm  
Weekends ..... Closed

*Note: Any changes will be posted at [www.bohc.ca](http://www.bohc.ca).  
To reserve Hector's for a private function,  
please contact Mark Buchanan at 905.637.8351  
or [hector@bohc.ca](mailto:hector@bohc.ca).*

*Be thirsty my friend*



# JOIN Daytime Hockey! 2025-26





Following a successful pilot last season, the BOHC Daytime Division returns this winter for players who prefer skating in the sunshine. Led by longtime members Brian Miki, Dave Wittman, and team, the program grew from a casual idea into a club-backed initiative, catering to retirees and those with flexible schedules, and expanding the BOHC's commitment to offering more ways to play.

**GUARANTEED ICE TIME**  
Up to 16 players per team means everyone plays

**WEEKLY HOCKEY FIX**  
Every Tuesday between 12pm to 3pm  
from October through the season

**26 GAMES | TUESDAYS**  
starting October 2025

<b>\$405</b> existing BOHC members	<b>\$455</b> new members
--	--------------------------------

[daytime@bohc.ca](mailto:daytime@bohc.ca)



# COVID. Playing Through the Pandemic

Our response to the COVID crisis was nothing short of a challenge. Working closely with the City of Burlington and Halton Public Health, we did everything we could to salvage a hockey season — all while prioritizing the safety of our members. We developed a custom player screening app to track and screen participants before every game. We followed every protocol, from physical distancing to sanitization, and kept six feet apart at all times — both on and off the ice. These were uncertain and often frightening times. But through it all, it was Jeff Davis' steady and thoughtful leadership that helped guide us through the darkest days.



**March 13, 2020**

City closes all recreation facilities, including arenas.

**March 21, 2020**

Burlington issues a local State of Emergency. Indoor facilities closed through the spring and summer.

**September 2020**

Partial Reopening - programs resumed under strict protocols.

**November 2020**

Burlington Indoor recreation shut down again.



**December 26, 2020**

Province-wide lockdown closes all indoor recreation once more.

**Spring 2021**

All indoor rec programs suspended during third wave



**July 2021**

Gradual reopening - arenas reopen with limits



**September 22, 2021**

Proof of vaccination required to access arenas

**March 2022**

Mask mandates lifted in most city facilities. Vaccination proof no longer required.

**Summer 2022**

Recreation resumed at full capacity by summer.

“Safety First!  
BOHC aligned closely  
with Halton Health, City,  
and Provincial mandates”





# Hometown Hockey comes to Burlington



October, 2018, Rogers Hometown Hockey featuring Walk Off the Earth, performed downtown and Ron Maclean and Tara Slone hosted a live broadcast. Tara Slone took in the live taping at Appleby arena featuring a Black division game while interviewing Jeff Davis, then she head over to Hectors where Mark Buchanan anointed Tara as an honorary member. Black division did us all proud!

*"The Good Ol Hockey Game!"*



## Uba Realty



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*website coming soon!*



**50 Years.  
Countless Memories.**

The collage features many Polaroid photos of club members. Some photos show individuals in hockey jerseys (including a prominent blue and white 'C' jersey and a red and white 'H' jersey) celebrating or posing. Other photos depict group shots of the team, members at a parade in a golf cart, and people at social events. A large check for \$8,100.00 from The Carpenter Hospice is visible in the bottom left corner, dated September 18, 2017. The text 'BOWSER FOOD DRIVE' and 'BURLINGTON OLDTIMERS HOCKEY CLUB' are also visible in some photos.

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# Rules & Regulations

## New Member Game Play Information

## Club Eligibility

## League, Division, and Team Compositions

## Player Participation & Conduct

## Equipment

## Game Play

## Determining Regular Season Division Champions

## Round-Robin Playoff Format and Rules

## Penalties

## Disciplinary Action

## Insurance



## Rules & Regulations 2025-26

### Section One: New Member Game Play Information

*A Quick Summary of Important League Rules To Know Before You Play!*

- **Body Checking:** BOHC does not allow body checking. Unlike many other men's recreational hockey leagues... we mean it! Safety and respect for fellow club members is taken seriously by the League, our referees, and our players. Body checking is not tolerated and will be penalized.
- **High-sticking:** A Minor Penalty will be assessed to any player who contacts the puck with their stick above the normal height of the player's shoulders.
- **Icing:** There is no centre-ice red line. Therefore, an icing call is made when a player shoots the puck from behind their own defensive blue line.
- **Intentional Sliding:** Intentional sliding, including while blocking a shot, will be assessed as a Minor Penalty. If the offender comes in contact with another player while intentionally sliding, they will be assessed a 5-minute Major Penalty, ejection from the game (and the next game if the infraction happens in the 2nd period of the game). Goalies are subject to these same rules. Blocking shots is permitted as long as sliding is not part of the blocking action.
- **Slap Shots:** Slap shots and extreme drag shots are not allowed. A Minor Penalty will be assessed if the player raises their stick above the boot of their skate while shooting or pulls their stick back on the ice more than 15 inches before shooting. A Major Penalty is assessed if another player is injured as a result of a slap shot.
- **Three Penalty/Six Minute Rule:** Any player who is assessed three penalties or six minutes of total penalty time in one game will be ejected for the remainder of the game. A substitute player will be required to serve the third penalty in the penalty box.

### Section Two: Club Eligibility

- (a) **Age:** Skaters must be 35 years of age by December 31st of the playing season to register for pool or full-time status. For example, a 34-year old can register and begin play in the league providing that they are 35 years of age by December 31st. Goalies may register for pool or full-time play if they are 30 years of age by December 31st of the playing season.
- (b) **Residency:** Players must be residents of the City of Burlington. Certain residents from municipalities surrounding Burlington may qualify for membership, providing they are approved by the V.P. Membership.
- (c) **Member Types:**
  - i. **Full-time Players:** Must be registered and paid by May 1st to be eligible for the following Winter season. Full-time players who have not submitted their payment by May 1st will be relegated to the player pool. Their seniority status will not necessarily guarantee an opportunity to get back into a full-time playing position in the next season of play. This is at the discretion of the Division Convenor.
  - ii. **Pool Players:** Can join and pay at any time before or during the season, but their registration fee must be paid in full before being eligible to play their first game.

iii. **Social Members:** Social members are non-playing members of the club. Active playing members who elect to move to social status maintain their hockey-playing seniority until such time as they re-register as a full-time or pool player.

- (d) **Insurance Waiver:** Each season, players (both full-time and pool players) must sign the league waiver form provided to them, which absolves the league of any legal liability for injuries sustained during league play.

### Section Three: League, Division, and Team Compositions

- (a) **Board of Directors:** The operation of the BOHC is facilitated by the volunteer-run Board of Directors, who oversee the financial health and operations of the club.
- (b) **League:** The BOHC is divided into 8 divisions: Red, Orange, White, Black, Green, Blue, Grey, and Gold. Players are assigned individually to a division based on their skill level. Each division has a volunteer Convenor, Co-convenor, and Pool Convenor.
- (c) **Divisions:** Each division is comprised of 6 teams. Each team has a volunteer Captain, who works closely with the division Convenors to ensure the smooth operation of their division and the enjoyment of the players.
- (d) **Teams:** Each team is comprised of 16 players (15 skaters and 1 goalie). The team Captain can select up to 2 Assistant Captains to help with organizational duties and make sure the team runs smoothly. Goalies are not permitted to be Captains or Assistant Captains. During game play, only the Captain or Assistant Captains are allowed to discuss on-ice rule interpretations with the referees (politely and respectfully).
- (e) **Team Draft:** The team draft concept is one of the reasons for the success of the BOHC. It helps to ensure balance between teams within divisions and promotes sportsmanship and camaraderie between players. You will get to know other players in your division, as they will be either past, present, or future teammates of yours! The team draft is held no later than July 1st for full-time players for the upcoming season. Full-time players will be contacted by their Captain during the summer to notify them of their team for the upcoming season.
- (f) **Pool:** Each division has its own "pool" of part-time skaters and goalies who will be contacted by their Division Pool Convenor to fill-in when a team within their division is short on players. In addition to their annual pool registration fee, pool players pay a fee for each game they play. Pool players are eligible to become full-time players in their division if an opening becomes available before, or during, the regular season. Selection is based on seniority of the pool players in the division. Note: not everyone in the pool is interested in full-time play. Therefore, newer members in the pool may have a good chance at being promoted to full-time play, even if they have a low seniority number.
- (g) **Intra-Divisional Player Placement on Teams:** The BOHC strives to have balanced, competitive play within each division. On any given night, any team should be able to beat any other team in their division. During the season, in situations where the Divisional Convenors and Captains determine that there is an imbalance across their teams, they can elect to move players from team-to-team within their division.

- (h) **Inter-Divisional Player Movement:** The League attempts to place new members in the division that is most suitable for their level of play. However, we will frequently move a player up or down through the divisions until we find the best match. The same holds true of "veteran" BOHC members. Divisional Convenors and Captains will hold player movement meetings near the end of each season and conduct player ratings. The goal of having balanced, competitive play

## Rules & Regulations 2025-26

across our divisions is one of the hallmarks of our league's success. Should a player be asked to move up or down to another division, as a club member, they are expected to understand and cooperate with the move.

### Section Four: Player Participation & Conduct

- (a) **Active Participation:** Members who register as full-time players are expected to attend as many games as possible. Full-time players who miss four consecutive games without notifying their Captain, or who are habitually absent, may, at the option of the Division Convenor or the Board of Directors be removed from full-time play and relegated to the pool. A pool player will be designated to replace the player.
- (b) **Absence Notification:** Players must inform their Captain, with as much notice as possible, if they cannot attend a game. This provides the Captain and Pool Convenor with more time to get replacement pool players as required.
- (c) **Player Conduct:** Membership in the BOHC is a privilege. Players are expected to follow the Leagues rules and spirit of sportsmanship, camaraderie, and fun. Failure to do so may result in short-term, long-term, or lifetime suspension from the League.
- (d) **Equal Ice Time:** Captains are to ensure that all players receive equal ice time during games.
- (e) **Playing Under The Influence:** Players are not allowed to participate if they are under the influence of alcohol or drugs.
- (f) **Movement from Pool to Full-time:** Should a team have a full-time player vacancy, the Division Pool Convenor will contact their division's roster of pool players to find a replacement player. Selection is based on the seniority of those pool players who express interest in moving to a full-time playing position. Pool players will pay the full-time registration fee, prorated for the number of games remaining in the season, and minus the pool registration fee that they paid at the beginning of the season (or when they joined the pool).
- (g) **Movement from Full-time to Pool:** Should a full-time player decide to resign as a full-time player and move to pool status, they will be refunded their full-time registration fee, minus the pool registration fee, and minus the number of games they have played up to the point where a replacement player is found to play and has paid their full-time registration fee. There is also a \$60 administration fee that is deducted from the refund amount.
- (h) **Minimum Pool Time For Players Who Resign From Full-Time Play:** Any full-time player who i) opts to resign as a full-time player and join the pool, or ii) becomes a non-active social member, or iii) is removed from the league as a full-time player by the League for other reasons as outlined in league operating procedures, must remain a member of the player pool (or become listed as a non-active member) for a minimum period of 16 consecutive games (or the remainder of the season, whichever is of shorter duration). During this 16-game period, the player will not be considered for reinstatement as a full-time player regardless of seniority. The player will, however, be eligible to participate as a pool player at any time beginning with the date of transfer to the player pool list. Note: this rule does not apply to players who become non-active members for medical reasons.





Section Five: Equipment

- (a) **Helmets:** While on the ice, including pre-game warm ups, all players must wear a CSA approved helmet with the chin strap properly fastened under the chin (the chin/neck strap can “hang” no greater than 2 fingers-width below the player’s chin). Helmets must have ear guards in place. Full face shields must be fastened so that, in the event of an injury, medical attention such as CPR can be provided without removing the helmet. Players informed by the Referee of an illegal helmet cannot participate in the balance of the game unless satisfactory measures (such as being replaced or repaired) are taken.
- (b) **Face Protectors:** Players and goalies may wear any type of face protector, provided it is securely fastened to the helmet and is made in such a way as not to cause injury to the wearer or opposing players. To meet insurance requirements for facial injury claims, such protective equipment must be CSA approved, and be to the minimum level of a half-face shield and either an internal or external mouth guard for players. Goalies must wear a full-face mask.  
Note 1: Any alteration to a CSA approved facial protector or helmet destroys the certification. Note 2: To protect against possible serious facial injury, the League strongly recommends that all players wear full CSA approved facial protection equipment. Note 3: Member players should be aware that there are insurance restrictions for players not wearing full facial protection.
- (c) **Face Protectors - Eye Disability:** Any player who has only the sight of one eye must wear a CSA approved face protector if they choose to play. The player and their team must be aware that the League will not be held liable for further eye injuries, other than what is covered by the CARHA insurance policy currently in force.
- (d) **Neck Protection:** The wearing of a CAN/BNQ approved throat protector is recommended for skaters participating in recreation hockey.
- (e) **Goalie Helmets and Facial Protection:** Goalies are required to wear a CSA approved hockey helmet. Goalies must wear neck protection, such as plastic throat guards attached to the helmet, a neck protector integrated into the body armor, or a neck protector worn underneath the body armor.
- (f) **Goalie Masks:** Only CSA-approved goalie masks are allowed. Non-CSA approved “cat eye” masks are prohibited. See image below for more clarity on legal and illegal masks:
- (g) **Other Mandatory Equipment:** In addition to the equipment requirements listed above, players are also required to use: a Hockey Canada approved stick; shin pads; hockey gloves; elbow pads; hockey pants (no track pants); and an athletic support with cup.

Section Six: Game Play

- (a) **Minimum Players Required For Play:** A minimum of 8 players (either 7 skaters plus the goalie, or 8 skaters and no goalie) are required to play a regulation game. If a team is unable to start the game with 8 players (team members and available pool players), the Captain can ask a pool player from the previous game if they can play a second game. If the Captain is still unable to ice 8 players, the game is considered a 1-0 forfeit. However, if the opposing Captain agrees, the game can be played as a “regulation” game if the short-staffed Captain can get players from the following sources:
  - i. Ask a full-time player(s) from the previous game if they can play; and/or,

- ii. Ask the opposing Captain if they can “borrow” enough players (either pool or full-time) from their team to get to the minimum 8 players.

In both scenario i. and ii. above, both Captains should mutually decide if the game will still be considered a “regulation” game, or if it should be considered a 1-0 forfeit for purposes of league standings (but still played for fun). The League encourages Captains to remember that we play for fun, and not to win. Forfeits are discouraged whenever possible. However, if a team is chronically short-staffed during a season, it is to be expected that they will be required to forfeit their games. Note: if a player is injured and has to leave the game, which results in less than 8 players on his team, the game will continue to be played, and it will not change the “status” of the game from a regulation game to a forfeit.

- (b) **Goalie Unavailability:** If a team is unable to start a game with a goalie, but has the required minimum of 8 players, the game can still go ahead and is considered a “regulation” game (i.e. not a forfeit). The team will play with 6 skaters on the ice in lieu of having a goalie. The team has the option to assign a single player to be the “goalie” or can rotate skaters like they would do on regular line changes. Note: Consistent with rules requiring goalies to stay on their own side of the centre-red line, at least one of the six skaters is required to always stay on their own side of the centre-ice red line. Should all six skaters be on the offensive side of the centre-ice red line at any time, the team will be assessed a Minor Penalty. The only exception to the centre-red line rule for the sixth skater is during the last two minutes of the game. If the “goalie-less” team is losing, they are allowed to have all six skaters on the offensive side of center ice during the last two minutes of the game (similar to pulling the goalie). Skaters are not allowed to catch or cover the puck with their glove for safety reasons.

- (c) **Goalie Eligibility To Fill Game Vacancies:** If a full-time goalie is unavailable to play, the Pool Convenor will attempt to fill the spot with pool goalie from their division. If no pool goalie is available, the Pool Convenor can attempt to fill the spot with a full-time goalie from within their division. If a full-time goalie is not available, the Pool Convenor can attempt to fill the spot with a pool goalie from the division below, or the division above. If the spot is still not filled, the Pool Convenor can attempt to get a full-time goalie from the division above or below.

- (d) **Players in Uniform:** All players must wear the BOHC sweaters and socks provided to them for game play. Pool players will be provided with a BOHC pool sweater and are expected to wear it for the game.

- (e) **Pool Players:** Team Captains may elect to request pool player(s) if their team is short-handed. All pool requests must be made through the Division Pool Convenor. Captains are not to contact pool players directly to fill in when short-handed. Should a team have an unexpected shortage of players at game time, the Captain may ask a pool player from a previous game to play a second game, but this should only happen in rare instances. Short-staffed teams are not to request full-time players from the previous game unless they are in a forfeit position (i.e. have less than 8 players to start the game). In this situation, see item (a) above. All pool players must report to the timekeeper before the game starts to have their name and number included on the game sheet.

- (f) **Stepping On To Ice Surface:** All players are to remain on their team bench until the ice surfacing equipment has left the ice and the doors to the Zamboni room have fully closed.

- (g) **Start-time:** Warm-ups are to commence at the published start time of the game in the league schedule. If the arena is running ahead of schedule, players can go on the ice, but the BOHC warm-up clock is not to start earlier than the scheduled start time. For example, if a game is scheduled to start at 9:00 p.m., the warm-up clock should not start any sooner than 9:00 p.m., even if the ice is available earlier than this. The exception to these guidelines is if the referees and both Captains agree, the game can start early.

- (a) The Division Champion is the team which has the greatest number of head-to-head wins during regular season play.
- (b) If still tied, or more than two teams are tied, the Champion is the team with the most wins during the season.
- (c) If still tied, the Champion is the team with the fewest losses during the season.
- (d) If still tied, the Champion is the team with the most goals for.
- (e) If still tied, the Champion is the team with the fewest goals against.

Section Eight: Round-Robin Playoff Format and Rules

- (a) The round-robin playoff consists of 5 games for each team, plus a championship game for the 2 teams that finish with the most points during the round-robin.
- (b) During the round-robin, if a team has less than 13 skaters and a goalie, they have the option to request a pool player(s).
- (c) Pool players are assigned on a game-to-game basis; they are not to play for a single team for the duration of the playoffs. The Division Convenor and Pool Convenor are to consult on all requests for pool players during the round-robin and the Championship game.
- (d) If a pool goalie is not available to fill a goalie vacancy, the Division Convenor and Pool Convenor will consult on finding a replacement goalie.
- (e) After the round-robin concludes, if two or more teams are tied in points, their ranking for play in the Championship game will be based on the following tie-breaking formula:
  - i. Most wins in the round-robin
  - ii. Fewest total penalty minutes in the round-robin
  - iii. Most points in the regular season
  - iv. Most wins in the regular season
  - v. Fewest total penalty minutes in the regular season
- (f) The “Horse race.” A BOHC tradition is the Horse race competition which unites teams with the same team name across all eight divisions against their rivals. Each team contributes \$32.00 (\$2.00 per player) to the Horse race pot. The total pot for each division is \$192.00. At the conclusion of the 5-game round-robin, the League will add up the total points earned by each team with the same team name across all eight divisions. The team with the most cumulative points wins the \$192.00 pot for their division. If two or more teams are tied, the pot is split accordingly.

- (h) **Warm-up Option 1 (Stop-time Warm-up):** The time clock will be set for a 2-minute warm-up. With 30 seconds remaining in warm-up, the referees will blow the whistle to signal to teams that they should wind down their warm-up, collect pucks, and make their way to the player’s bench. Teams will promptly line-up for the opening face-off, and the clock will start at the 17-minute mark. The League will provide direction to Division Convenors, referees, and timekeepers if Option 1 is to be adopted.

- (i) **Warm-up Option 2 (Straight-time Warm-up & Puck-Drop):** The time clock will be set to 19 minutes and will start running at the scheduled start time of the game. Players will commence their warm-up, and at approximately the 17:30 mark, the referees will blow the whistle to signal to teams that they should wind down their warm-up, collect pucks, and make their way to the player’s bench. With the clock continuing to run on straight time, teams will promptly line-up for the opening face-off. The clock will continue to run until the first stoppage in play. The League will provide direction to Division Convenors, referees, and timekeepers if Option 2 is to be adopted.

- (j) **Periods:** Games are divided into two 17-minute stop-time periods.

- (k) **Half-time End Changes:** Division Convenors will determine if their division changes ends at half-time or remain at the same ends of the arena for the entire game.

- (l) **Half-time Option 1 (Stop-time):** If the League has adopted the “Stop-time Warm-up” (item (h) above), the half-time will also be based on a stop-time start. The clock will be re-set for 17 minutes at half-time and will commence running when the puck is dropped.

- (m) **Half-time Option 2 (Straight-time):** If the League has adopted the “Straight-time Warm-up” (item (i) above), the half-time will also be based on a straight-time start. Once the first period ends, the clock will be re-set to 18 minutes and start to run. With the clock continuing to run on straight time, teams will promptly line-up for the 2nd period face-off. The clock will continue to run until the first stoppage in play. The only exception to this is if a penalty is assessed in the first period which will continue into the second period. In this situation, the clock will be run on a stop-time start for the start of the 2nd period.

- (n) **Mercy Rule (5 & 3 Rule):** If a team has a 5-goal lead or more, the last 3 minutes of the game will be played using straight-time. Play will continue using straight-time even if the losing team scores enough goals to negate the 5-goal lead.

- (o) **Ties:** Games ending in a tie count as one point for each team in the league standings. There are no tie breaking procedures.

- (p) **Game Curfews:** The BOHC rents ice-time from the City of Burlington for specific time slots. Assuming that games are able to start at their scheduled time, arena staff are instructed by the City to blow the arena horn at the scheduled finish time for each ice slot. If a game is still underway when the horn sounds, the game will be curfewed at this point. Players and referees are to immediately halt play, shake hands, and promptly leave the ice. Players are not to verbally engage with arena staff when a game is curfewed; the staff are simply doing their jobs.

- (q) **Game Protests:** No protests of games or officiating are permitted.

Section Seven: Determining Regular Season Division Champions

At the end of the regular season, the team with the greatest number of points is declared the Division Champion. If two teams are tied in total points:





Section Nine: Penalties

Note: In situations where a specific issue is not covered by the BOHC Rule Book, the League will refer to the CARHA Rule Book. The CARHA Rule Book can be found at [www.carhahockey.ca](http://www.carhahockey.ca). The League reserves the right to modify CARHA rules as it deems appropriate.

Penalties can be assessed at any time before, during or after a game, regardless of whether play is in progress. When coincidental Minor or Major penalties are called at the same time, teams will play at full-strength for the duration of the penalties.

(a) Attempt to Injure or Deliberate Injury

- i. A Match Penalty will be assessed to any player or team official who deliberately injures or attempts to injure an opponent or referee, including slashing; tripping; slew-footing; cross-checking; butt-ending; head-butting; kicking; grabs or pulls an opponent's hair, facial hair, facial protector, helmet, or chin strap and uses this as an advantage or to inflict punishment or injury.

(b) Body Checking:

- i. Body checking, including "playing the man", is not allowed. Examples of body checking include pushing, shoving, and failing to avoid contact.
- ii. When an attacking player is skating toward a defending player, the defending player has the right to maintain his position. In this case, the attacking player must avoid body contact.
- iii. If the player being checked collides with the boards, the referee can assess a double minor penalty.
- iv. At the discretion of the referee, either a Minor or a Major Penalty will be assessed.
- v. Where, in the opinion of the referee, accidental contact has taken place, no penalty will be assessed.

(c) Butt-ending:

- i. A Match Penalty will be assessed to any player or team official who deliberately butt-ends another player.

(d) Delay of Game:

- i. Deliberate covering of the puck with the skater's glove and/or body is considered a delay of game.
- ii. Referees are instructed to drop the puck immediately if a team or any individual player is deliberately stalling or causing unnecessary delay of the game. A bench Minor Penalty will be called against the offending team.
- iii. If this action occurs in the last 2 minutes of regular playing time, or any time in overtime, a Penalty Shot will be awarded against the offending team and the Minor Penalty will not be served.

(e) Dislodging Of The Net

- i. Any deliberate action by a defending player, including a goalie in their defending zone, which results in the goal net being knocked from its position, will result in a Minor Penalty for delay of game.
- ii. If this action occurs in the last 2 minutes of regular playing time, or any time in overtime, a Penalty Shot will be awarded against the offending team and the Minor Penalty will not be served.
- iii. A Penalty Shot will be awarded should the goalie by deliberate action, dislodge the goal net from its position when a player is on a breakaway in the neutral zone or attacking zone.

(f) Fighting:

- i. A Match Penalty will be assessed to any player or players who fight.
- ii. Fighting is defined as throwing a punch or punches with sufficient force to cause physical harm to an opponent.
- iii. Any player who retaliates, after being struck with a punch or punches, will be assessed a fighting penalty.
- iv. Any player who is identified by the referee as the instigator or the aggressor in a fight will be subject to additional penalties.
- v. After being assessed Minor penalties for roughing, a fighting penalty will be assessed if participants continue to carry on the roughing incident.
- vi. Game Misconduct penalties will be assessed to a third man entering an altercation (roughing or fighting) plus any other penalties he might incur under the rules.
- vii. Any player who refuses to follow the referee's instructions to proceed to a neutral zone during a roughing or a fighting incident will be assessed a Game Misconduct penalty.
- viii. The Referee will write up the Misconduct Penalty on the game sheet, followed up by an email account of the incident and send to the Referee-in-Chief within 24 hours of the conclusion of the game.

(g) Game Misconduct Penalties:

- i. If a Game Misconduct Penalty is assessed to any player, coach, or manager in the first period, the person will leave the ice and be suspended for the balance of the game. The player, coach or manager must proceed to the dressing room immediately and not be involved with the team while under suspension.
- ii. If the Game Misconduct is assessed after the first period has officially ended or during the second period of play or after the second period has expired and before the teams have returned in their entirety to their respective dressing rooms, the player, coach, or manager will be suspended for the remainder of that game if applicable and the next scheduled game.
- iii. If a second Game Misconduct Penalty is assessed to the same person in the same season, the person will be suspended from that game and the next three scheduled games.

- iv. If a third or subsequent Game Misconduct Penalty is assessed for any player, coach or manager, no further league or round robin play or team participation for that person may take place until after a discipline hearing has been held to discuss the situation.
- v. The Referee will write-up the Game Ejection/Game Misconduct Penalty on the game sheet, followed up by an email account of the incident and send to the Referee-in-Chief within 24 hours of the conclusion of the game.
- vi. A referee is not required to assess a Minor Penalty before assessing any Game Misconduct.

(h) Goalie Safeguards:

- i. Blue Paint Crease Rule: When the offensive team has possession of the puck in the attacking zone, offensive team players are not allowed to make contact with the goalie's crease (blue ice). When this occurs, the play will be whistled dead immediately. The face-off will be at the nearest neutral zone face-off dot. No penalty is assessed.
- ii. Puck To The Head: If a goalie is hit in the head by the puck, and the puck does not go directly over the goal line into the net, the play will be whistled dead immediately. The face-off will be at the nearest offensive zone face-off dot. If the puck deflects off the mask/helmet and travels directly over the goal line, it is considered a good goal. In both situations, the referee is to check with the goalie to make sure he is able to continue play before the next face-off takes place.
- iii. Losing Sight Of The Puck: Referees are to immediately whistle the play dead when they lose sight of the puck, or when the puck is held or smothered by the goalie. Under no circumstances can an opposing player slash or poke at the goalie when he has possession of the puck. A penalty for slashing is to be assessed if required.

(i) Gross Misconduct Penalties

- i. Any player or team official incurring a Gross Misconduct penalty will be ejected from the game. A substitute for the penalized player will be permitted immediately.
- ii. Gross Misconduct penalties will be assessed where a person conducts themselves in such a manner as to make a travesty of the game.
- iii. A total of 10 minutes will be charged in the records against a penalized player for a Gross Misconduct penalty.
- iv. Any player or team official who is assessed a Gross Misconduct penalty will be ordered to the dressing room immediately for the balance of the game.
- v. The player is automatically suspended for the next 2 games, and in addition to this, is not allowed to play until a Disciplinary Committee meeting is held to review the incident.
- vi. The Referee will write-up the Gross Misconduct penalty on the game sheet, followed up by an email account of the incident and send to the Referee-in-Chief within 24 hours of the conclusion of the game.

(j) Head Contact:

- i. Accidental head contact is a Minor Penalty.

- ii. Intentional head contact will be assessed as a Double Minor Penalty.

- iii. If the referee considers the head contact to be intentional and excessive, a 5-minute Major Penalty will be assessed.

(k) High Sticking:

- i. A Minor Penalty will be assessed to any player when i) their stick is being carried above the normal height of their shoulders, ii) they contact the puck with their stick above the normal height of their shoulders.
- ii. A Minor Penalty will be assessed to any player who checks an opponent or intimidates an opponent while carrying their stick above the waist height of the opponent.
- iii. A player who accidentally or intentionally contacts a player above the normal height of the opponent's shoulders with a high stick will be assessed a Major Penalty, regardless of whether an injury occurs or not. Note: a player who is assessed a Major Penalty for intentionally contacting an opponent with a high stick will also incur a Game Misconduct. The Game Misconduct will not apply to players assessed with a Major Penalty for an accidental high stick, except when injury results. In this case the Game Misconduct Penalty will be assessed.
- iv. A Match Penalty will be assessed to any player who deliberately attempts to injure an opponent with a high stick.

(l) Major Penalties:

- i. A player assessed for a Major Penalty will be ruled off the ice for the remainder of the game (Major Penalty plus Game Misconduct), plus the next scheduled game.
- ii. The penalized team will place a substitute player on the Penalty Bench to serve 5 minutes of stop-time playing time (or 7 minutes of running time play).
- iii. The player serving time in the penalty box may be substituted with another player during a stoppage in play.
- iv. If a goalie is assessed a Major Penalty, he will be allowed to finish the game, but will not be permitted to play his next scheduled game. The only exception to this is if the goalie is penalized for fighting, in which case he is immediately ejected from the game.

(m) Match Penalties:

- i. Any deliberate attempt to injure another player, coach, official or manager will result in an automatic match penalty.
- ii. Any player or team official incurring a Match Penalty will be ordered to the dressing room immediately for the balance of the game and will not be permitted to take part in any further games until their case has been dealt with by the League Discipline Committee.
- iii. In every instance where a Match Penalty is assessed, the offending player's team will be required to send a player to the penalty bench for five minutes of stop-time play (7 minutes of straight-time play). The player who serves the five minutes will be one of the players on the ice at the time of the infraction. Where an offending player has been assessed penalties in addition to the Match Penalty, those penalties will be served by the same player who serves the five-minute time penalty.





iv. The Referee will write up the Match Penalty on the game sheet, followed up by an email account of the incident and send it to the Referee-in-Chief within 24 hours of the conclusion of the game.

(n) Minor Penalties:

- i. For a "Minor" Penalty, any player, except a goalie, will be ruled off the ice for 2 minutes actual playing time, during which no substitution will be permitted.
- ii. If the opposing team scores a goal while a team is short-handed because of one or more Minor or Bench Minor penalties, the first of these penalties will automatically terminate. Note: Since coincidental Minor penalties to both teams do not cause either team to be short-handed, players will remain in the penalty box if the other team scores.
- iii. When a goal is scored on a Penalty Shot against a team that is short-handed by reason of a Minor or Bench Minor Penalty, the player of the short-handed team does not return to the ice after the penalty shot is scored.
- iv. When a player is assessed both a Minor Penalty and a Major Penalty at the same time, the Major Penalty will be served first. The same principle will apply when a player is assessed a Minor Penalty and a Match Penalty at the same time. The 5-minute time penalty which accompanies the Match Penalty is to be served first.
- v. If a goal is scored against a team that is short-handed because of one or more Minor penalties, the player serving the first Minor Penalty will return to the ice. In the case of a player who has received a Double Minor Penalty, the first Minor Penalty will terminate.
- vi. When coincident Minor or coincident Minors of equal duration are imposed against players on each team during the same stoppage of play, immediate substitution will be made for those penalties, and such penalties will not be considered for the purpose of a delayed penalty. Any differences in time or total penalty time will be served by one or more players on the ice at the time of the infraction. Unless they have been ejected from the game, such penalized players will take their place on the penalty bench and remain there until the first stoppage of play following the expiry of their respective penalties. Where at least one Major and/or Match Penalty is assessed to each team during the same stoppage of play, the coincident Major/Match Penalty will take precedent over the coincident Minor Penalty rule.

(o) Misconduct Penalties:

- i. A player, except a goalie, incurring a Misconduct Penalty will be ruled off the ice for a period of 10 minutes actual playing time. A substitute for the penalized player will be permitted immediately. A player serving a Misconduct Penalty will remain on the penalty bench until the first stoppage of play following the expiry of their penalty. When a player is assessed for a Minor and a Misconduct Penalty or a Major and a Misconduct Penalty at the same time, the penalized team will immediately place a substitute player on the penalty bench to serve the Minor or Major Penalty. The Misconduct Penalty will commence on the termination of the Minor or Major Penalty.
- ii. The Referee will write up the Misconduct Penalty on the game sheet, followed up by an email account of the incident and send to the Referee-in-Chief within 24 hours of the conclusion of the game.
- iii. Any player who is assessed a second Misconduct Penalty in the same game will auto matically be assessed a Game Misconduct Penalty.

(p) Penalty Times:

- i. All penalty times noted in the Rule Book are referred to in stopped time minutes. In situations where a game is being played using running time, penalties are divided into the following classes:

Stop Time	Running	Time
Minor penalties	2	3
Double Minor	4	6
Bench Minor penalties	2	3
Major penalties	5	7
Misconduct penalties	--	--
Game Misconduct penalties	--	--
Gross Misconduct penalties	--	--
Match penalties	5	7
Penalty Shot	--	--

(q) Profanity, Verbal Abuse, and Use of Slurs:

- i. Unsportsmanlike conduct will not be tolerated. This includes profanity, verbal abuse, aggressively banging their stick on the ice or boards, or slamming of doors. Depending on the severity of the incident, the referee will assess a minor penalty, or a Misconduct Penalty. Based on the severity of the incident, the player may be required to attend a Discipline Committee hearing.
- ii. The BOHC will not tolerate the use of homophobic, racial, or religious slurs of any kind, and these situations will be treated with utmost severity. Referees will assess a Gross Misconduct penalty in these situations. The Referee will write up the Gross Misconduct Penalty on the game sheet, followed up by an email account of the incident and send to the Referee-in-Chief within 24 hours of the conclusion of the game. The player(s) may be required to attend a Discipline Committee hearing and could be subject to a short-term or long-term suspension.

(r) Roughing:

- i. A Major Penalty, or at the discretion of the referee, a Major Penalty and a Game Misconduct penalty will be assessed to any player who is guilty of unnecessary rough play. Roughing is interpreted as a shove/push or attempted blow.
- ii. Any player who, having been struck, retaliates with equal or greater force will be assessed a Minor Penalty.
- iii. Any player who is identified as being the instigator or the aggressor, will be assessed an additional Minor Penalty.

(s) Slap Shots:

- i. Slap shots are not allowed in BOHC play. A Minor Penalty will be assessed if the player raises their stick above the boot of their skate while shooting or pulls their stick back on the ice more than 15 inches before shooting. If an injury to an opponent results, a Major Penalty will be assessed.

- ii. If a player uses a fake slap shot for the purpose of intimidating an opposing player and/or goalie, play will be stopped immediately, and that player will be assessed a Minor Penalty.

(t) Slashing:

- i. Accidental slashing will be assessed as a Minor Penalty.
- ii. Intentional slashing with force is considered a serious infraction and will be called a Major Penalty.

(u) Slew-footing:

- i. A Match Penalty will be assessed to any player who deliberately attempts to or deliberately injures an opponent with a slew-foot.

(v) Sliding:

- i. Intentional sliding, including while blocking a shot, will be assessed as a Minor Penalty.
- ii. If the offender contacts another player while intentionally sliding, they will be assessed a 5-minute Major Penalty, ejection from the game (and the next game if the infraction happens in the 2nd period of the game).
- iii. In addition to this, the player will receive a 1 game suspension. For clarity, if the infraction occurs in the 1st period, the player will receive a suspension for their next scheduled game. If the infraction occurs in the 2nd period, the player will receive a 2-game suspension.
- iv. Goalies are subject to these same rules. Blocking shots by skaters or goalies is permitted if sliding is not part of the blocking action.

(w) Spearing:

- (a) A Match Penalty will be assessed to any player or team official who deliberately spears another player.

- (b) At the discretion of the referee, a Double Minor penalty will be assessed to any player or team official who pokes, jabs, or attempts to poke or jab an opposing player with the toe of the blade of the stick.

(x) Three Penalty / Six Minute Rule:

- i. Any player who is assessed three penalties and/or six minutes of total penalty time in one game will be ejected for the remainder of the game.
- ii. It will be necessary to place a substitute on the penalty bench immediately to serve the third penalty.
- iii. Any combination of Minor, bench Minor, or Major penalties totaling six minutes of penalties will apply to the personal total of any individual in the game and trigger the Three Penalty/Six Minute Rule. For example, if a player is assessed a 5-minute penalty and later in the game receives a 2-minute penalty, they would be ejected for the remainder of the game.

(y) Tripping:

- i. Accidental tripping will be assessed as a Minor Penalty.
- ii. Intentional tripping is considered a serious infraction and will be called a Major Penalty.

Section Ten: Disciplinary Action

- (a) **Division Convenor Discretion:** Each division's Convenor, in consultation with the Discipline Committee, has the authority to issue short-term suspensions of up to 3 games if a player's conduct on or off the ice does not meet the standards of the BOHC. This includes suspensions for dangerous play, or disrespect for other players, referees, timekeepers, or City of Burlington staff. The discretionary suspension can be levied even if a penalty was not called during the game for the incident in question.

- (b) **Discipline Committee:** The BOHC has a Discipline Committee (DC), comprised of the Discipline Chair, the VP of Hockey Operations, the Director of Hockey Operations, and the Referee-in-Chief. The DC's role is to provide a resource to Division Convenors and referees when an interpretation of rules is required, and to apply the rules and precedents of the BOHC to players who are brought before the Committee. Players who are subject to league disciplinary action may receive short-term, long-term, or lifetime suspensions from League play.

(c) Reasons for Disciplinary Action: Discipline meetings are triggered for the following reasons:

- i. On-ice Incidents: Match penalties, Gross Misconduct penalties, or physical intimidation or contact with an official will automatically trigger a DC hearing. In addition, if a player has accumulated a high number of Minor penalties or game misconducts during the season, and continues to play in a reckless manner, he may be subject to a DC hearing.
- ii. **Safety, Respect, & Sportsmanship:** Any member of the BOHC who conducts himself in a manner having little or no regard for the safety, respect, or spirit of the BOHC community will be subject to a DC hearing.
- iii. **Alcohol Consumption on City Property:** Any BOHC member who is reported by City of Burlington staff to be consuming alcohol in the dressing room, parking lot, or any other part of City property will be required to appear before the DC.

(d) Discipline Hearing Process & Outcomes:

- i. The player, his Captain, and the Division Convenor will be notified if the player is subject to a Discipline Committee hearing, and all are required to attend.
- ii. Also attending the hearing are members of the Discipline Committee, and depending on the situation being reviewed, other players and referees involved in the incident may be asked to be present.
- iii. The player is not to play in any regular season or round robin games until the Discipline Committee hearing is held (Note: availability of the participants of a hearing will often result in a delay before the meeting can be held) .





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- iv. Following the hearing, the Discipline Committee will determine the outcome for the player. The Committee has full discretion to impose short-term or long-term suspensions, or expulsion from the league. The Committee's decision is considered to be final and is not subject to further review or appeal by the player.

(e) Factors Considered When Applying Suspensions:

- i. The Discipline Committee considers several factors when determining the length of suspension, or in extreme cases, expulsion from the league. These include severity of the incident; risk to the safety of other participants; injuries that resulted; and any actions that contravene the League's goals of sportsmanship, respect, and camaraderie.
- ii. If a player is a repeat offender who has been the subject of Discipline Committee hearings in the past, suspensions levied will be escalated in severity.

(g) Relegation to Pool Status:

- i. The Discipline Committee may decide to relegate the player from full-time to pool status. In this case, the player will immediately hand in their jersey and socks to their Captain. Once a full-time player is found to replace the relegated player, they will be refunded their full-time registration fee, based on a prorated amount of games remaining in the season.
- ii. If the player chooses to do so, after 16 games in the pool they may petition, in writing, the VP of Hockey Operations and the Division Convenor for reinstatement to full-time status.
- iii. The decision to re-instate the player will be at the discretion of the VP of Hockey Operations and the Board of Directors. Similarly, if the player wishes to apply for full-time playing status in future years, they must follow the same reinstatement process as above.

(h) Suspension Carry-over:

- i. Suspensions carry-over from the regular season into the round-robin playoffs, or from the round-robin playoffs into the following season until the full suspension has been served.

(i) Long-term Suspension From BOHC Play:

- i. The Discipline Committee, in consultation with the Board of Directors, may decide to eject a player from BOHC membership.
- ii. In this case, the player will immediately hand in their jersey and socks to their Captain. They are not eligible for reimbursement of any registration fees.
- iii. After a period of no less than 24 months from the date of notification of their expulsion, the player may petition, in writing, the VP of Hockey Operations for reinstatement to League membership.
- iv. The decision to re-instate the player will be at the discretion of the VP of Hockey Operations and the Board of Directors. Should the player be reinstated, their League seniority will be re-set and start to accrue from the date their renewed registration is received.

Section Eleven: Insurance

The BOHC is a member of the Canadian Adult Recreational Hockey Association (CARHA). CARHA supports and protects adult recreational hockey by providing hockey insurance programs for leagues, tournaments, referees, teams, and pick-up and shinny groups for adults across Canada.

A portion of player membership fees goes towards our participation in CARHA and their insurance program. This insurance helps to protect both our League and our players. Our referees are also covered under this policy. For more information about CARHA's insurance program, click here to go to CARHA's website: [www.carhahockey.ca/cms/Insurance](http://www.carhahockey.ca/cms/Insurance)

Submitting A Claim For An On-Ice Accident

If you are injured while on the ice playing or officiating a BOHC game, you may be eligible for CARHA insurance coverage. For full information, please visit CARHA's insurance page on their website at: [www.carhahockey.ca/cms/Insurance](http://www.carhahockey.ca/cms/Insurance)

To submit a claim, follow these steps:

- 1) Complete the "Sport Accident Claim Form." Click here to be redirected to the CARHA insurance page on their website. Click on the "Claims" tab, and click the hyperlink to the "Sport Accident" Claim Form (English Form or French Form): [www.carhahockey.ca/cms/Insurance](http://www.carhahockey.ca/cms/Insurance). You can download or print the PDF from this web page.
- 2) Coverage is in place provided that players or referees have been seen by a doctor or dentist within 30 days from the date of injury.
- 3) The claim form must also be signed off by a member of the BOHC Board of Directors. Forward your completed claim form to one of the email addresses below, in order of the listing (multiple emails provided in case of vacation or absence by a Board member):  
(a) [vp.hockey@bohc.ca](mailto:vp.hockey@bohc.ca)  
(b) [director.hockey@bohc.ca](mailto:director.hockey@bohc.ca)  
(c) [president@bohc.ca](mailto:president@bohc.ca)  
(d) [director@bohc.ca](mailto:director@bohc.ca)  
(e) [referee.in.chief@bohc.ca](mailto:referee.in.chief@bohc.ca) (referee claims should be signed off by the Referee-in-chief)
- 4) The player (or referee) submits the form to CARHA within 90 days from the date of injury. Instructions on how to submit are included on the form.

Players should refer to the CARHA website for full information on what is covered by the insurance program.

Please note: CARHA insurance acts as primary coverage for players that have no insurance of any kind. Should the member have insurance through work, a spousal plan, or another source, the CARHA insurance acts as secondary coverage.



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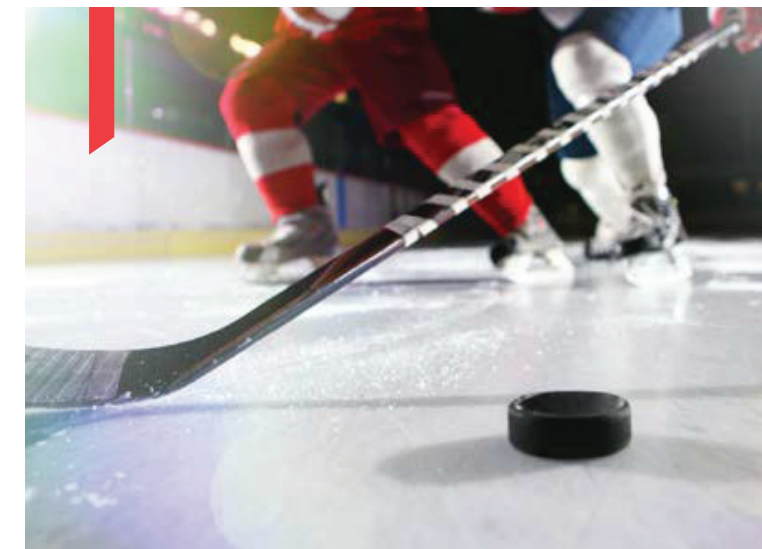
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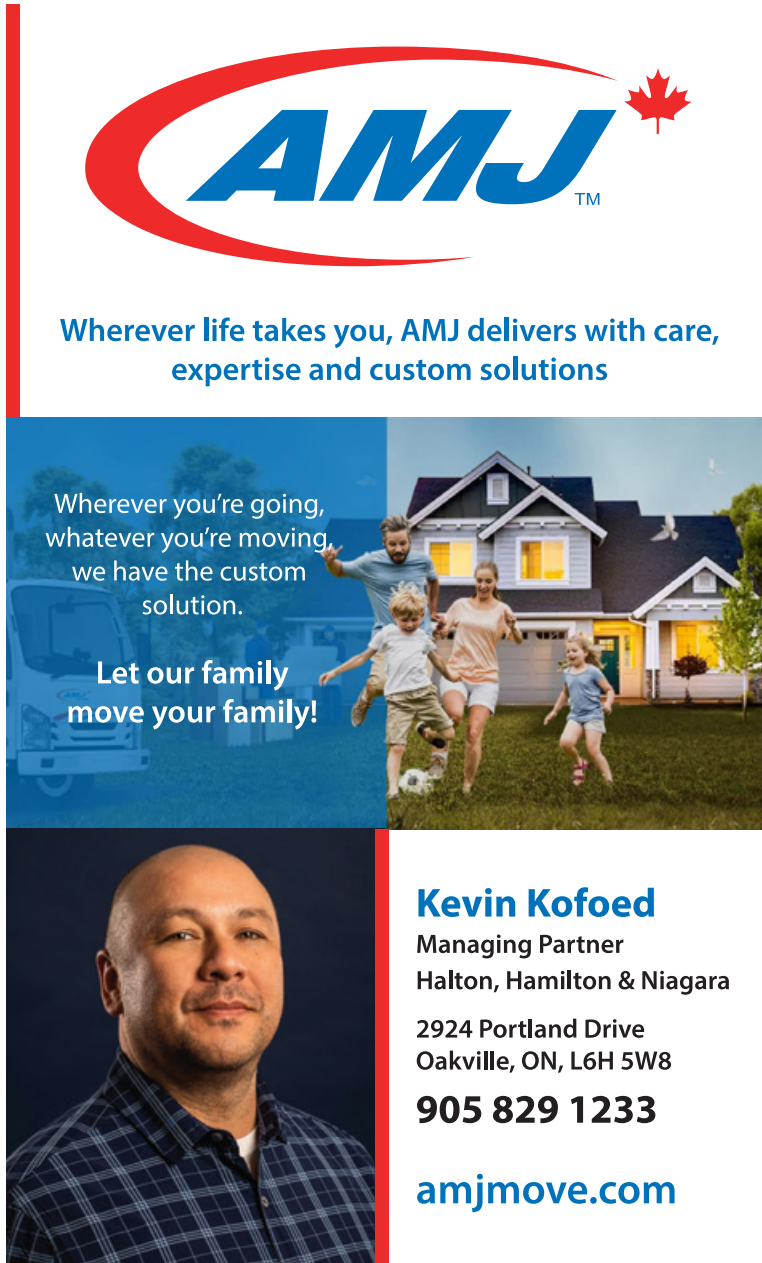
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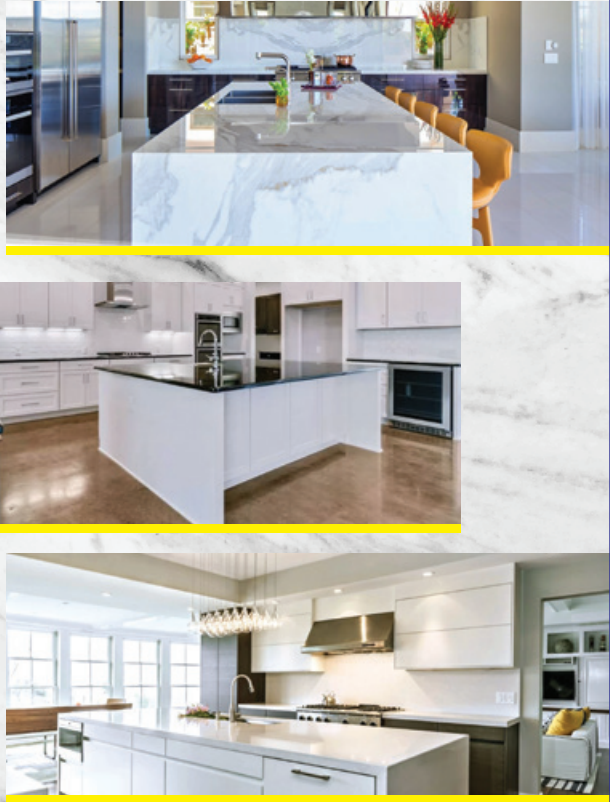
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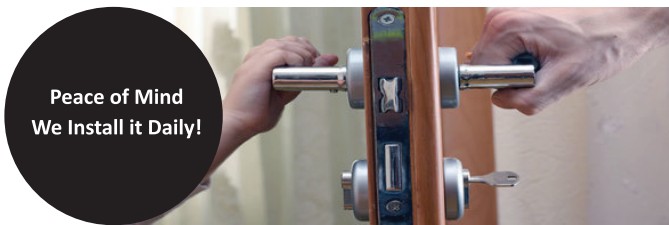
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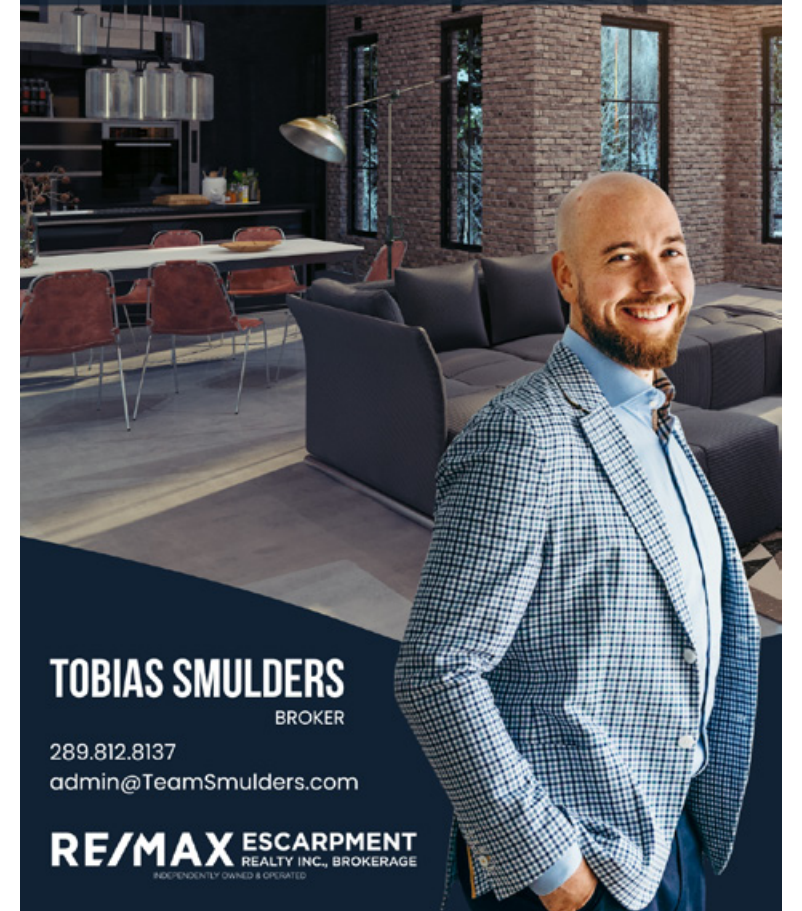


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